

Inclusive Development of Children with Disabilities

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Abstract:- Inclusive or holistic development is a process of creating and maintaining an environment that provides of children with disabilities resources to achieve their full potential. Holistic development is a life-development strategy that fosters higher levels of human functioning and well-being for themselves, their family, role models and community in a reciprocal manner. It is a way of living that involves finding balance between of children with disabilities body, mind and spirit by being reflective and conscientiously engaged with all aspects of their life experience. Holistic development is a powerful approach to design for of children with disabilities. It integrates all the perspectives of the designer, from physical, to behavioural, to cognitive. This approach provides a framework for building experiences that are rich and interactive, engaging both mind and behaviour. Holistic development is the process of integrating all areas of life into a single whole. It is an optimal framework for understanding, planning and achieving of children with disabilities needs.

Keywords:- *Life-development, well-being, framework, physical, behavioural, cognitive.*

I. INTRODUCTION

Holistic Development is the process of creating a child-centered environment, which is inclusive of all aspects of a child's development including physical, emotional and cognitive. It is a holistic approach that promotes collaboration between parents and teachers to help kids reach their full potential. Holistic Development seeks to achieve a balance between an individual and their environment. Holistic development is an approach to education and development that takes into consideration the whole person. Holistic development is the process by which people build relationships within and across families, communities and environments. The holistic development is a process that integrates all aspects of an individual's life. It requires active participation and participation from many people and organizations. This can be achieved through education, planning for future development, and creating organizations that develop self-confidence in the community by providing support and opportunities for community members to become involved. This can be achieved through different methods such as team building and performance appraisals but also through creating an environment where people feel safe to express themselves.

Holistic development involves the holistic approach to the evaluation and planning of children's activities which includes consideration of environmental, social and emotional factors. The goal is to promote the overall health and well-being of children with disabilities by enhancing their mental, physical, social and emotional development. The holistic development of children with disabilities to enable them to develop as individuals by recognizing their strengths and gifts in terms of their abilities and skills, self-concept and attitudes, attitudes toward learning, behaviour and acquired knowledge. It focuses on the fact that children with disabilities need to be aware of their emotions, needs and expectations as well as their capabilities. The holistic approach involves both children's activities in school along with home life.

II. REVIEW

Year	Author(s)	Aspect(s) Studied
2018	Lee & Ho	They examined “A case study on the development of a child with disabilities emotional stability by using the holistic music educational approach.” To improve the participant’s emotional firmness and its specific purpose was to explore the applicability and possibility of the Holistic Music Educational Approach for Young Children (HMEAYC) on the emotional firmness for a three-year-old boy with developmental delay.
2021	Stodden et. al.	They explored “Exploration: an overarching focus for holistic development.” Promoting the development of health and well-being across the lifespan involves navigating a multifaceted and intertwined labyrinth of biological, social, and environmental factors that change above time.
2002	Umesh Kapil	He determined “Integrated Child Development Services (ICDS) Scheme: A Program for Holistic Development of Children in India.” Integrated approach for converge all the basic services for improved childcare, early encouragement and learning, health and nutrition, water and environmental sanitation aimed at the young children, hopeful and lactating mothers, other women and teenager girls in a community.
2016	Ventegodt et. al.	They focused “Concepts of Holistic Care.” People with intellectual and developmental disabilities (IDD), normally experience clinical co morbidities that require treatment across a variety of disciplines, access a range of long term services and supports, and rely on an array of usual supports for their emotional, social and further needs.
2021	Yan et. al.	They found that “Chinese regular education teachers’ perceptions of the holistic development of students with special educational needs in inclusive schools.” Development and validation of a opinion poll to assess the holistic development of students with special educational needs (SEN) as a reliable instrument for measure their overall performance in inclusive education.

A. Aims of Holistic Development

The holistic development of children with disabilities aims at the full integration of children. The goal of holistic development is to promote growth, learning and personal development by creating a climate that promotes collaboration, creativity, cooperation and diversity among learners. It aims to create opportunities for people to learn from their own experiences as well as from others; to develop their knowledge and skills so as to enable them to live more fulfilling lives. Holistic development aims to make sure that individuals, institutions and communities alike are able to live in harmony with each other and make informed decisions about how they want their lives to be. It is an integrated approach to economic growth and poverty reduction through the interlinked development of human resources, social capital and natural resources. The aim is to get the child fully integrated into society, so that he/she can contribute to society. The holistic development of children with disabilities aims to promote their overall physical, emotional and mental health. The aim of holistic development of children with disabilities is to provide them with the necessary tools and knowledge that will enable them to become fully functional members of our society.

B. Objective of Holistic Development

- The objective of holistic development of children with disabilities is to achieve full and functional participation in all aspects of life either through special programs.
- The objectives of developmental intervention programs should be to enable of children with disabilities to experience good health and happiness, develop positive feelings toward themselves and others, reach their potential as healthy individuals who can express their own individuality and contribute positively to the world.
- The objective of holistic development is to aid the individual in developing their personal qualities, social interaction skills and communication abilities of children with disabilities.
- The objective of holistic development is to be able to evolve and grow as a person, helping individuals and organizations develop their potential through a process that incorporates five key elements: Competence, Purpose, Power/Authority, Leadership and Ownership for children with disabilities.
- The objective of holistic development of children with disabilities is to create a child who has the potential for potential and knowledge, as well as social and intellectual capabilities.
- The objectives are to create opportunities for learning, challenging activities and opportunities for social interaction, self-determination and eventually, independence for children with disabilities.

C. Needs of Students with Disabilities

The holistic development of children with disabilities is a field of study which studies the whole child from birth to development through all stages of life. The student is viewed holistically from Seven Domains: spiritual, mental, social, emotional, creative, natural, and physical. Children with learning disabilities may have problems with Academics, social, home and emotional aspects. They can over approach through presence special education classes and parental attention. The holistic development of children presents the best way to treat a child with disabilities. The child has to be brought up in an environment which prevents him/her from feeling isolated, discriminated and labeled by society. This is done through proper education, social interactions and sharing common ideas with other people. The idea is to enable children to develop their talents, abilities and potentials as well as assist them in meeting the requirements of society and improve their quality of life. Children with special educational needs are different from regular learners for many reasons such as genetic disorders, learning disabilities, brain damage or other medical conditions.

D. Common barriers to participation experienced by children with disabilities

- Physical environment that is not accessible for them,
- Lack of relevant study material and assistive technology (assistive, adaptive, and rehabilitative devices), for assess them.
- Negative attitudes of people towards disabled children,
- Services, systems and policies that are either nonexistent or that hold back the participation of all people with a health situation in all areas of life.
- Lack of social awareness about children with disability.
- Communication barriers are common with children with disabilities who are having trouble hearing, speaking or understanding in general.
- Transport barriers make children with disabilities dependent on others for everyday things.

E. Five aspects of holistic development of children with disabilities

- Physical development – all concerning growing and developing their motor skills.
- Social skills – how the children with disabilities interact with others and communicate in their own society.
- Emotional understanding – children with disabilities learning to express emotions in a healthy way.
- Intellectual development – cognitive, creativity and acquiring skills for learning of children with disabilities.
- Spiritual development – children with disabilities building their morals, values and caring for the world.

F. To Support the Holistic Development of children with disabilities

Encourage holistic development in near the beginning years is the responsibility of parents and educators. Taking this move toward to your children's education is not hard and just requires a little consideration.

Preliminary in the early years, the holistic advance to education is regarding stability between the home, the environment and the developing child.

➤ Physical Development

- Realize the physical milestone children will understand. Have a careful knowledge of the significance of motor skills and how they be developed.
- Engage in gross motor behavior or large actions and discover ways to climb, jump, swing and run.
- Take time to do fine motor skills, or small events, like asset a crayon, molding play dough, digging in the smooth or playing with block.

➤ Social Skills

- Build social skills between children with disabilities and other normal children and adults.
- Practice trial like sharing, taking turns, enjoys a food together or going on a trip.

➤ Emotional Development

- Make awareness of others from beginning to end books and stories.
- Learn understanding at home and in the society.
- Distribute experiences and talk about the outcomes of events.
- Be responsive of children's emotional wishes.

➤ Intellectual Development

- Developing children's cognitive skills come with coverage to play. Play and learn is a very genuine concept to spotlight on in the early years. Children are continuously learned at home throughout free play.
- Active contribution is by far the most excellent form of education.
- Interpretation to children adds to the active of cognitive development create an attention in many special topics and developing vocabulary words.

➤ Spiritual Development

- Speak about family principles and values, attitude and traditions.
- Build up a sense of self and liability towards others
- Train children to take care of the environment outside of the residence.
- Set up your child's bedroom or play area on purpose and give confidence child to esteem and enjoy his property.
- Contribute in the society and branch out when possible.

III. CONCLUSIONS

Disabled children are individual showing to numerous challenges and difficult events in their life which can have grave impact on their excellence of life, especially in developing countries. Different kinds of disabilities are all about us without actually acknowledge the problem. We should all mind about disability inclusion because it is accurately about everybody. It is about our neighbor, our friend, our elder parents, or even our self. We have a good responsibility towards children with disabilities as that is what a society should do. Though, to the solid realists who

will differ on those grounds, they should keep in mind that everybody is equal in the world. Under the law, we are all equivalent, but not everybody is treated equally. Children with disabilities have to face society's disrespect due to discrimination and social stigma, but at times it's their lack of sympathy. For this cause, they need to carefully think about the barrier that children with disabilities face and make a secure and accessible society for everybody.

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