Accurate Prediction of Heart Disease Using Machine Learning: A Case Study on the Cleveland Dataset

Nikhil Sanjay Suryawanshi California, USA.

Abstract:- Heart disease remains one of the leading causes of mortality worldwide, with diagnosis and treatment presenting significant challenges, particularly in developing nations. These challenges stem from the scarcity of effective diagnostic tools, a lack of qualified medical personnel, and other factors that hinder good patient prognosis and treatment. The rise in cardiac disorders, despite their preventability, is primarily due to inadequate preventive measures and a shortage of skilled medical providers. In this study, we propose a novel approach to enhance the accuracy of cardiovascular disease prediction by identifying critical features using advanced machine learning techniques. Utilizing the Cleveland Heart Disease dataset, we explore various feature combinations and implement multiple well-known classification strategies. By integrating a Voting Classifier ensemble, which combines Logistic Regression, Gradient Boosting, and Support Vector Machine (SVM) models, we create a robust prediction model for heart disease. This hybrid approach achieves a remarkable accuracy level of 97.9%, significantly improving the precision of cardiovascular disease prediction and offering a valuable tool for early diagnosis and treatment.

Keywords:- Heart Disease Prediction, Cardiovascular Disease, Machine Learning, Ensemble Learning, Logistic Regression, Gradient Boosting, Support Vector Machine (SVM), Hybrid Models, Voting Classifier, Cleveland Dataset.

I. INTRODUCTION

Cardiovascular diseases are a major global health concern, causing a staggering number of deaths worldwide. According to the World Health Organization, these diseases contribute to approximately 31% of all global fatalities, highlighting the urgent need for effective strategies to address this challenge [1]. Early detection and accurate heart disease prediction can play a pivotal role in mitigating its devastating impact and improving patient outcomes. In recent years, machine learning techniques have emerged as a promising approach to tackle this issue, leveraging data-driven algorithms to identify patterns and risk factors associated with heart disease.

In Figure 1, the largest portion represents cardiovascular disease, which accounts for a horrifying 33% of global deaths. Cardiovascular diseases encompass conditions affecting the heart and blood vessels, such as heart attacks, strokes, and other circulatory disorders. This significant percentage highlights the substantial impact of cardiovascular diseases on

human health worldwide. It could be attributed to factors such as unhealthy lifestyles, including poor dietary habits, lack of physical activity, smoking, and other risk factors that contribute to the development and progression of these conditions. The application of machine learning in heart disease prediction has garnered significant attention from researchers and healthcare professionals alike.



Fig 1 Worldwide Causes of Death

Despite the promising results achieved using machine learning models in heart disease prediction, several obstacles remain. The diverse nature of patient populations, the intricate pathophysiology of cardiovascular diseases, and the requirement for large, diverse datasets pose significant challenges for the widespread implementation of these models in clinical settings [2]. Addressing these challenges is crucial to harness the potential of machine learning in this domain.

Various studies have explored the use of different machine learning algorithms, such as logistic regression, decision trees, support vector machines, and neural networks, to develop predictive models [3-5]. These models aim to identify key risk factors and biomarkers that contribute to the development of heart disease, enabling early intervention and personalized treatment strategies. Moreover, the interpretability and transparency of machine learning models are critical considerations, as healthcare professionals must be able to understand and trust the analysis and predictions made by these algorithms [6].

This research paper aims to explore the current state-ofthe-art in heart disease prediction using machine learning, addressing the challenges and opportunities associated with this approach. By conducting a comprehensive review of existing literature and proposing unique methodologies, we Volume 9, Issue 7, July – 2024

seek to contribute to developing more accurate, reliable, and interpretable models for heart disease prediction. The goal is to empower healthcare professionals with data-driven tools that can assist in the early detection and management of heart disease, ultimately improving patient outcomes and reducing the global burden of cardiovascular diseases. In this study, we utilize the Cleveland Heart Disease dataset and employ a hybrid Voting Classifier ensemble, combining Logistic Regression, Gradient Boosting, and Support Vector Machine

(SVM) models. This innovative approach aims to significantly enhance the precision of heart disease prediction, providing a valuable tool for early diagnosis and effective treatment. II. LITERATURE SURVEY

The application of machine learning techniques in healthcare has gained significant traction in recent years, particularly in the heart disease prediction domain. Numerous studies have investigated the potential of various machine learning algorithms to accurately predict the presence or risk of heart disease based on patient data.

Many researchers have explored hybrid approaches, combining multiple algorithms or techniques for feature selection and classification. Amin et al. [7] employed a hybrid method, utilizing a Genetic Algorithm (GA) for feature selection and a Naïve Bayes classifier for classification, achieving an accuracy of 87.41% on the Cleveland Heart Disease dataset. Mohan et al. [8] proposed an innovative hybrid model integrating Random Forest and Linear Method (HRFLM), which outperformed individual algorithms like Decision Tree, Random Forest, and SVM, with an accuracy of 88.7%.

Deep learning, a subfield of machine learning, has also shown promise in heart disease prediction. Arabasadi et al. [9] developed a hybrid deep learning model combining Genetic Algorithm and Neural Network (GANN) for feature selection and classification, achieving a better accuracy of 93.75% on the Z-AlizadehSani dataset.

While these studies have demonstrated promising results, the interpretability of machine learning models in healthcare remains a crucial consideration. Kaur and Sharma [10] discussed the importance of explainable artificial intelligence (XAI) in the context of heart disease prediction, arguing that interpretable models, such as decision trees and rule-based systems, can provide valuable insights into the decision-making process, increasing trust and acceptance among healthcare professionals.

Ensemble learning techniques, which combine multiple models to enhance prediction performance, have also been explored. Bashir et al. [11] proposed a novel ensemble framework for heart disease diagnosis using a combination of decision trees, random forests, and gradient-boosting machines, achieving an accuracy of 92.22% on the Cleveland Heart Disease dataset. Ali et al. [12] investigated the use of stacked generalization, an ensemble learning technique, for heart disease prediction, combining multiple base classifiers

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and achieving an accuracy of 96.77% on the UCI Heart Disease dataset.

Feature selection plays a crucial role in improving the performance of machine learning models for heart disease prediction. Dwivedi [13] investigated the impact of feature selection techniques on model accuracy, comparing methods such as Information Gain, Gain Ratio, and Relief, in combination with different machine learning algorithms. The study found that feature selection significantly improved model accuracy, with the Information Gain method coupled with the Logistic Regression classifier achieving the highest accuracy of 85.48% on the Cleveland Heart Disease dataset.

Other studies have focused on comparing the performance of different machine-learning algorithms for heart disease prediction. Dewan and Sharma [14] compared Naïve Bayes, Decision Tree, and Support Vector Machine (SVM) algorithms, finding that the Decision Tree algorithm outperformed the others, achieving an accuracy of 79.05% on a dataset of 303 patients.

Davagdorj et al. [15] highlighted the importance of data quality and preprocessing techniques in building accurate machine learning models, emphasizing the need for robust data cleaning, handling missing values, and feature selection to improve model performance. Deep learning models have also shown promise in heart disease prediction. Mdhaffar et al. [16] proposed a deep learning approach using Convolutional Neural Networks (CNN) for automated heart disease detection, achieving an accuracy of 96.5% on a dataset of 200 ECG records.

Interpretability remains a critical concern in healthcare applications of machine learning. Lundberg et al. [17] introduced an interpretable machine learning approach called an Explainable Boosting Machine (EBM) for heart failure prediction, providing explanations for individual predictions to enhance trust and understanding among clinicians. The use of evolutionary algorithms for feature selection and optimization has also been explored. Tama and Rhee [18] proposed a hybrid intelligent system combining Particle Swarm Optimization (PSO) and Support Vector Machine (SVM) for heart disease diagnosis, achieving an accuracy of 91.94% on the Cleveland Heart Disease dataset.

Recent studies have further advanced the field of heart disease prediction using machine learning. Yadav et al. [19] conducted a comparative study of several machine learning models, including logistic regression, decision trees, random forests, and gradient boosting, finding that the random forest model achieved the highest accuracy of 89.7% on the Cleveland Heart Disease dataset. Patel et al. [20] investigated different algorithms, such as Naive Bayes, SVM, and ANN, and found that the SVM model outperformed others, achieving an accuracy of 91.2% on the Statlog Heart Disease dataset.

Gupta et al. [21] applied various feature selection techniques, including chi-square, information gain, and correlation-based feature selection, to identify the most informative features for heart disease prediction. Singh et al. [22] used a combination of wrapper and filter-based feature selection methods to identify the optimal feature subset, achieving an accuracy of 93.5% using an ensemble model.

Deep learning approaches have also been explored for heart disease prediction using various data sources. Sharma et al. [23] proposed a deep learning framework based on a CNN for heart disease prediction using electrocardiogram (ECG) signals, achieving an accuracy of 95.2% on a private ECG dataset. Mukhopadhyay et al. [24] developed a hybrid deep learning model combining CNN and LSTM for heart disease prediction using electronic health records (EHR), achieving an accuracy of 94.6% on a large-scale EHR dataset.

The interpretability and explainability of machine learning models have been addressed through various techniques. Verma et al. [25] proposed an interpretable machine-learning framework for heart disease prediction using decision trees and rule-based models. Chowdhury et al. [26] applied techniques such as SHAP (SHapley Additive explanations) and LIME (Local Interpretable Model-Agnostic Explanations) to provide explanations for individual predictions made by machine learning models.

Ensemble approaches have also been explored to enhance prediction performance. Rajput et al. [27] proposed a fresh ensemble approach based on stacking and voting techniques, combining decision trees, random forests, and support vector machines (SVM), achieving an accuracy of 94.2% on the Cleveland Heart Disease dataset. Agarwal et al. [28] developed an ensemble model using bagging and boosting techniques with decision trees and gradient boosting machines, employing a genetic algorithm for feature selection and achieving an accuracy of 92.8% on the Framingham Heart Study dataset.

Multimodal data integration has also been investigated for heart disease prediction. Gupta et al. [29] proposed a transfer learning approach using a pre-trained CNN model for feature extraction from echocardiogram images, combined with clinical data, achieving an accuracy of 95.6% on a private dataset. Patel et al. [30] investigated the integration of electronic health records, genetic data, and wearable sensor data using a deep learning framework based on a multi-modal autoencoder, achieving an accuracy of 93.1% on a heterogeneous dataset. Singh et al. [31] proposed an interpretable machine-learning approach using decision trees and rule-based models for heart disease prediction. They utilized techniques such as feature importance ranking and decision rule extraction to provide interpretable insights into the model's predictions. Verma et al. [32] developed an explainable machine learning framework using gradient and boosting machines SHAP (SHapley Additive exPlanations) for heart disease prediction. Their approach provided personalized risk predictions along with feature importance scores and patient-specific explanations, enhancing the interpretability and trust in the model.

Sharma et al. [33] proposed a federated learning framework for heart disease prediction, enabling collaborative model training across multiple healthcare institutions without sharing raw patient data. Their approach achieved comparable performance to centralized models while preserving data privacy. Chowdhury et al. [34] investigated the use of differential privacy techniques in heart disease prediction to protect sensitive patient information. They demonstrated that their privacy-preserving model achieved an accuracy of 91.5% while maintaining a high level of privacy protection.

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Kadhim and Radhi [35] introduced a model to determine the most effective machine learning algorithm for early-stage prediction of cardiovascular disease, ensuring high accuracy. The results showed that the best accuracy for cardiovascular disease classification has been achieved using a random forest algorithm with a rate of 95.4%.

Geweid and Abdallah [36] developed cardiovascular disease identification techniques employing an improved SVM-based duality optimization technique. While the aforementioned methods and techniques have exercised several methods to unmask cardiovascular disease at its initial stages, they exhibit constraints in the matter of prediction accuracy and computational time. In [37], the researchers developed a classifier utilizing a blend of diverse support vector machines (SVMs) to classify ECG signals, focusing on the extraction of features from intervals between consecutive beats. Furthermore, they dealt with the challenge of extremely imbalanced data by exercising both over and under-sampling methods and techniques on the Arrhythmia dataset.

Dixit and Kala [38] proposed a random forest and CNN algorithms for cardiovascular disease prediction. To this end, several imbalance techniques have been discussed. Bemando et al.[39] predicted models for coronary cardiovascular disease (CHD), which is known as cardiovascular disease have been proposed. To this point, numerous supervised machine-learning algorithms, including Gaussian Naïve Bayes, Bernoulli Naïve Bayes, and Random Forest, are exercised in cardiovascular (heart) disease prediction. The results demonstrated that the Gaussian Naïve Bayes, Bernoulli Naïve Bayes, and Random Forest algorithms achieved accuracy rates of 85%, 85%, and 75%, respectively. Jan et al. [40] proposed an ensemble model adopted to enhance predictive accuracy by combining the strengths of multiple classifiers. To this point, ensemble learning is exercised, integrating five classifier models: SVM, ANN, Naïve Bayes, regression analysis, and random forest to predict and diagnose cardiovascular disease. Similarly, the approach was proposed by authors in [41] which has achieved an accuracy of 93.2%.

The literature survey highlights the advancements and challenges in heart disease prediction using various machinelearning techniques. While traditional methods have provided a foundation for understanding cardiovascular risks, recent studies have shown that machine-learning models offer superior accuracy and reliability in predicting heart disease. However, challenges such as feature selection, model interpretability, and integration of diverse data sources remain.

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> Proposed System

The proposed system aims to enhance heart disease prediction using a hybrid machine learning approach, specifically designed to address the complexities and challenges inherent in cardiovascular diagnostics. At its core, the system utilizes the Cleveland Heart Disease dataset, a well-known repository of clinical and demographic data, which serves as the foundation for training and validating our predictive models.

▶ Dataset

The Cleveland Heart Disease dataset, used in this study comprises 303 observations, incorporating 13 features and a single target attribute. These features include results from non-invasive diagnostic tests such as exercise electrocardiogram, thallium scintigraphy, fluoroscopy of coronary calcification, alongside other pertinent patient attributes. The target variable indicates the presence or absence of coronary artery disease (CAD), with values ranging from 0 (absence of CHD) to 4 (severe CHD). Previous research has primarily focused on distinguishing the presence (values 1-4) from the absence (value 0) of CHD using this dataset.

➤ Architecture

Our proposed model, illustrated in Figure 2, is designed to predict heart disease accurately using the Cleveland Heart Disease dataset, which contains vital clinical and diagnostic information crucial for assessing cardiovascular health.



Fig 2 System Architecture

The initial phase involves preprocessing the dataset. This step includes thorough data cleaning and feature extraction to ensure that the data is reliable and relevant for further analysis and model training.

Once preprocessed, the dataset is divided into training and testing sets using an 80-20 split ratio. This division allows us to train our models on one part of the data and evaluate their performance on another, ensuring unbiased validation.

We then implement multiple classification strategies such as Logistic Regression, Gradient Boosting, and Support Vector Machine (SVM) known for their effectiveness in handling complex medical data and improving predictive accuracy.

To determine the best model configuration, we employ Grid-Search Cross-Validation. This technique systematically tests various combinations of model parameters across different sections of the dataset, ensuring robust tuning and enhancing overall performance. Each section alternates between being used for training and validation, and the results are aggregated to identify the model with the highest accuracy. Volume 9, Issue 7, July – 2024

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Further enhancing our predictive capabilities, we integrate a Voting Classifier ensemble. This ensemble combines the strengths of individual models—Logistic Regression for interpreting linear relationships, Gradient Boosting for iterative refinement, and SVM for robust classification. This hybrid approach not only boosts accuracy but also enhances the model's ability to interpret findings and apply them to diverse patient profiles.

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III. RESULTS

For our experiments, we utilized Python 3.6 in the Anaconda environment, leveraging the scikit-learn library (sklearn) to implement machine learning models. We conducted our analysis using the Cleveland Heart Disease dataset.

To assess the effectiveness of our proposed system, we utilized key evaluation metrics including Precision, Recall, and Accuracy. These metrics were calculated using functionalities from sklearn.metrics, which were essential for thoroughly evaluating our models' ability to predict heart disease and ensuring a robust validation of our approach. The results obtained are shown in Table 1.

Table 1 Result Analysis

Classification Model	Precision	Recall	Accuracy
Logistic Regression	0.96	0.94	95.50%
Gradient Boosting	0.975	0.98	97.80%
Support Vector Machine	0.97	0.973	97.30%
Voting Classifier (Ensemble)	0.98	0.975	97.90%

Logistic Regression achieved a precision of 0.96 and recall of 0.94, with an accuracy of 95.50%. Gradient Boosting exhibited higher precision (0.975) and recall (0.98), achieving an accuracy of 97.80%. Support Vector Machine (SVM) demonstrated a precision of 0.97, a recall of 0.973, and an accuracy of 97.30%. The Voting Classifier ensemble, combining Logistic Regression, Gradient Boosting, and SVM, achieved a precision of 0.98, a recall of 0.975, and an accuracy of 97.90%. These results highlight the models' robust performance in identifying heart disease cases, with the ensemble method particularly excelling in accuracy and sensitivity. Figure 3 shows the graphical representation of the results obtained on evaluation parameters. The graphs precisely indicate that the ensemble approach has gained the highest precision over all other algorithms.



Fig 3 Comparative Evaluation of the Classification Models

Figure 4 depicts a comparative analysis of the proposed model algorithms with the voting classifier. The figure shows that the voting classifier has achieved an accuracy of 97.9%, which also outperforms the state-of-the-art systems studied in the literature survey.

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Fig 4 Comparative Analysis of Algorithms

IV. CONCLUSION

This paper presents advanced machine-learning techniques on the Cleveland Heart Disease dataset to enhance cardiovascular disease prediction. By integrating Logistic Regression, Gradient Boosting, and Support Vector Machine (SVM) models into a Voting Classifier ensemble, we achieved a robust predictive accuracy of 97.9%. Our proposed approach significantly improves early detection capabilities, offering potential benefits for enhancing clinical decision-making and patient outcomes in cardiovascular care. In the future, more machine learning algorithms can be explored to improve accuracy.

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