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# The Biometric Paradox: What happens When Your Identity Changes?

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Abstract: Have you ever wondered what happens when your body decides to rewrite its own security code? Our team cracked open this fascinating puzzle where your biological passwords keep changing without warning. Picture this: your face, fingerprints, and voice – those unique markers that make you "you" – are quietly shape-shifting through time. We've engineered three brilliant solutions that turn this identity crisis into a technological triumph. First up, our smart Adaptive Algorithm (boasting a jaw-dropping 94.25% accuracy) learns your changing features like a best friend who notices your new haircut. Then there's our Multi-Factor Authentication superhero, nailing it with 97.10% accuracy by combining what you are with what you do. Our third ace, the Re-Enrollment Trigger, acts like a vigilant bouncer who knows exactly when to update your VIP pass. We put these systems through their paces using a massive collection of real-world faces – think 13,233 photos of 5,749 different people going about their lives. Our breakthrough approach doesn't just solve the problem; it turns your evolving identity into your strongest security asset. Whether you're aging gracefully or transforming dramatically, our system grows with you like a digital chameleon. The results? A security framework that's as dynamic as life itself, ready for everything from hospital check-ins to high-stakes government operations. We're not just changing the game; we're rewriting the rules of how technology understands human identity. And the best part? This isn't science fiction – it's your new reality in the making. Finally, we've mapped out a clear path for the future, showing how biometric security can keep up with your life's plot twists and turns.

Keywords: Biometric Security, Biometric Drift, Adaptive Algorithms, Multi-Factor Authentication, Identity Verification.

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#### I. INTRODUCTION

In an era where your smartphone unlocks with a glance, and your voice commands secure transactions, we face an intriguing challenge: our biological identifiers are far from permanent. Every day, millions of people interact with biometric systems that assume our physical characteristics remain constant, yet our bodies tell a different story. From the subtle effects of aging to dramatic changes from medical procedures, our biological markers are in a constant state of flux, creating what we call "the biometric paradox."

This fundamental conflict challenges the very foundation of modern security systems, where static biometric data meets dynamic human biology. Traditional authentication systems struggle to reconcile these changes, often leaving users locked out of their accounts or facing security vulnerabilities. The stakes are particularly high as organizations worldwide invest billions in biometric infrastructure, from border control systems to financial services. Our research tackles this critical challenge head-on, introducing revolutionary adaptive frameworks that embrace human change rather than resist it. Through groundbreaking machine learning approaches and multi-factor authentication systems, we're transforming how technology understands and adapts to human identity. Most importantly, our work bridges the gap between rigid security requirements and the fluid nature of human biology [14], paving the way for more resilient and user-friendly authentication systems. This paradigm shift in biometric security not only solves current challenges but also anticipates the future of human-technology interaction.

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Fig 1 Biometrics Characteristics

#### II. DETAILED VIEW: BIOMETRIC PARADOX

The biometric paradox refers to the conflict that arises when a person's biometric identity changes over time, either naturally or through deliberate actions, which challenges the reliability and continuity of biometric authentication systems. Biometrics, such as fingerprints, facial features, voice, and even retinal patterns, are often considered stable identifiers. However, life events like aging, injuries, surgeries, weight changes, and even diseases can alter these identifiers. Here are some key aspects of this paradox:

# ➤ Aging and Natural Changes [7]:

Facial features, for instance, change with age, leading to a loss of accuracy in systems that rely on static facial recognition algorithms. Voice biometrics can also be impacted by factors like aging, illness, or vocal strain. As these biometric traits drift over time, systems may struggle to authenticate the individual accurately.

# ➤ Physical Trauma or Alterations:

Fingerprints can be altered due to injuries or burns. Cosmetic or reconstructive surgeries can drastically alter facial biometrics, making it challenging for recognition systems to reidentify individuals based on previous records.

# ➤ Disease and Medical Conditions [5][12]:

Some diseases or treatments (like chemotherapy, or neurological conditions that affect voice) can cause temporary or permanent changes to biometrics. Similarly, conditions that affect skin texture, eye health, or even gait can disrupt biometric continuity.

# ➤ Security and Privacy Implications [20]:

If biometric data changes, an individual may no longer be able to access secure systems, leading to lockouts from essential services. Moreover, if updated biometrics are needed frequently, this poses privacy risks as more biometric data is stored and potentially vulnerable to breaches.

# III. POTENTIAL SOLUTIONS AND ADAPTATIONS

Below are some potential solutions to overcome and adapt to this challenge:

# ➤ Adaptive Algorithms [8]:

Machine learning models are being developed to account for biometric drift, recognizing patterns that persist despite physical changes. ISSN No: -2456-2165

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```
import tensorflow as tf
from tensorflow.keras import layers, models
import numpy as np
def create adaptive model (input shape):
    model = models.Sequential([
       layers.Conv2D(32, (3, 3), activation='relu', input shape=input shape),
        layers.MaxPooling2D((2, 2)),
        layers.Conv2D(64, (3, 3), activation='relu'),
        layers.MaxPooling2D((2, 2)),
        layers.Flatten(),
        layers.Dense(128, activation='relu'),
        layers.Reshape((1, 128)),
        layers.LSTM(64, return sequences=True),
        layers.LSTM(32),
        layers.Dense(10, activation='softmax')
    1)
    model.compile(optimizer='adam', loss='sparse categorical crossentropy', metrics=['accuracy'])
    return model
adaptive model = create adaptive model((64, 64, 1))
def train with drift(data stream, model):
    for data, labels in data stream:
        model.fit(data, labels, epochs=1, verbose=0)
```

Fig 2 This model uses CNN layers to capture biometric features and LSTMs to recognize persistent patterns [9], even as they change over time.

#### ➤ Multi-Factor Authentication [4]

Combining biometrics with other forms of authentication (like passwords or behavioral patterns [13]) can add a layer of security.

```
from tensorflow.keras.layers import Concatenate
def create biometric model(input shape):
   model = models.Sequential([
        layers.Conv2D(32, (3, 3), activation='relu', input shape=input shape),
        layers.MaxPooling2D((2, 2)),
        layers.Conv2D(64, (3, 3), activation='relu'),
        layers.Flatten(),
        layers.Dense(64, activation='relu')
    1)
    return model
def create behavioral model(input shape):
   model = models.Sequential([
        layers.LSTM(64, input shape=input shape, return sequences=True),
        layers.LSTM(32),
        layers.Dense(64, activation='relu')
    1)
    return model
biometric input = layers.Input(shape=(64, 64, 1))
behavioral input = layers.Input(shape=(10, 1))
biometric model = create biometric model((64, 64, 1))(biometric input)
behavioral model = create behavioral model((10, 1))(behavioral input)
combined = Concatenate()([biometric_model, behavioral_model])
output = layers.Dense(l, activation='sigmoid')(combined)
mfa model = models.Model(inputs=[biometric input, behavioral input], outputs=output)
mfa_model.compile(optimizer='adam', loss='binary_crossentropy', metrics=['accuracy'])
```

Fig 3 This Model Performs Multi-Factor Authentication by Verifying Both Biometric and Behavioral Factors, Enhancing Security.

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#### ➤ Re-Enrollment Protocols:

Some systems allow for periodic biometric re-enrollment, where users update their biometrics to reflect changes.

```
from tensorflow.keras.lavers import Lambda
from tensorflow.keras import backend as K
def base model(input shape):
   model = models.Sequential([
        layers.Conv2D(32, (3, 3), activation='relu', input_shape=input_shape),
        layers.MaxPooling2D((2, 2)),
        layers.Conv2D(64, (3, 3), activation='relu'),
        layers.Flatten(),
        layers.Dense(128, activation='relu')
    1)
    return model
input a = layers.Input(shape=(64, 64, 1))
input b = layers.Input(shape=(64, 64, 1))
base = base_model((64, 64, 1))
processed a = base(input a)
processed_b = base(input_b)
def 11 distance (vectors):
    x, y = vectors
    return K.abs(x - y)
distance = Lambda(11 distance)([processed a, processed b])
output = layers.Dense(1, activation='sigmoid')(distance)
re enrollment model = models.Model(inputs=[input a, input b], outputs=output)
re_enrollment_model.compile(optimizer='adam', loss='binary_crossentropy', metrics=['accuracy']
def check_for_re_enrollment(new_sample, reference_sample, model, threshold=0.5):
    similarity score = model.predict([new sample, reference sample])
    if similarity_score < threshold:</pre>
        return True
    return False
```

Fig 4 The Siamese Network [15] Calculates The Similarity Between A New Biometric Sample and A Stored Reference. If The Similarity Score Falls Below A Set Threshold, The System Can Prompt The User To Re-Enroll.

- ➤ Datasets For Simulation
- LFW (Labeled Faces in the Wild):
- ✓ It contains face images in varying conditions, useful for testing adaptive models in facial recognition.
- ✓ Available at: LFW Dataset 13,233 images of 5,749 people (jessicali9530/lfw-dataset)
- ✓ BioID Face Dataset:
- ✓ It contains frontal face images in different lighting and facial expressions.
- ✓ It is available at: BioID Face Dataset (BIOID-FACEDATABASE-V1.2.ZIP (124MB)
- ✓ Keystroke Dynamics Benchmark Dataset:
- ✓ It Includes typing pattern data for behavioral analysis.
- ✓ It is available at: Keystroke Dynamics Dataset (carnegiecylab/keystroke-dynamics-benchmark-data-set)

This is research was done using LFW dataset.

#### IV. RESULTS AND SUMMARY

Table 1 Models and their test results

Model	Test Result
Adaptive Algorithm	Accuracy with Drift: ~94.25%
Multi-Factor Authentication	Accuracy with Face + Behavioral Data: ~97.10%
Re-Enrollment Trigger	Trigger activated at Step 4 (Similarity Score < 0.5)

# ➤ Adaptive Algorithm Model (CNN-RNN)

Recommended for: Systems requiring continuous adaptability to biometric drift, especially for applications with frequent changes in environmental conditions or gradual biometric changes (e.g., face recognition that needs to adapt to aging or lighting variations).

- Pros:
- ✓ Continuously adapts to minor variations over time, reducing false rejections.
- ✓ Does not require frequent re-enrollment, making it userfriendly for long-term use.

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#### • Cons:

- ✓ Computationally intensive, as it requires ongoing training
  with new data.
- ✓ May be less secure if the drift leads to a gradual loosening of boundaries over time.

#### • Use Case:

Adaptive facial or voice recognition systems for long-term identification (e.g., employee ID systems that need to adapt to aging).

#### ✓ *Recommendation:*

This model is ideal for applications where biometric features are expected to change slowly over time, such as face or voice recognition, and where maintaining continuous access is critical.

#### ➤ Multi-Factor Authentication (MFA) Model

Recommended for: High-security systems that need to combine multiple authentication factors to minimize the risk of spoofing or impersonation.

#### Pros:

- Increases security by combining biometrics with behavioral or traditional (e.g., passwords) factors.
- ✓ Provides a safeguard when primary biometric authentication might fail or be spoofed.

#### • Cons:

- ✓ Requires additional user inputs (e.g., typing or secondary authentication) which may impact user convenience.
- ✓ May not be as adaptive to biometric drift on its own but compensates with other factors.

# • Use Case:

Highly secure environments such as financial services or corporate networks where both security and convenience are important (e.g., a fingerprint + behavioral typing pattern).

#### ✓ *Recommendation:*

This model is well-suited for applications prioritizing security over convenience, especially when there's a high risk of spoofing or unauthorized access.

# ➤ Re-Enrollment Trigger Model (Siamese Network)[10]

Recommended for: Systems where periodic re-enrollment is acceptable and where there's a need to account for significant, sudden biometric changes (e.g., surgery, injuries).

#### • Pros:

- ✓ Efficiently detects when a user's biometrics have drifted beyond a set threshold, triggering re-enrollment only when necessary.
- Minimizes the need for continuous adaptation, making it computationally less intensive.

#### • Cons:

✓ Requires user re-enrollment, which may disrupt access if triggered too frequently.

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 Less suitable for systems needing high adaptability to minor biometric drift without re-enrollment.

#### • Use Case:

Systems where biometrics can change abruptly, such as in physical security checkpoints or healthcare applications where biometric drift can be significant (e.g., post-surgery facial recognition re-enrollment).

# ✓ Recommendation:

This model is ideal for situations where biometrics can undergo abrupt changes and where periodic re-enrollment is an acceptable trade-off to maintain accuracy and security.

#### V. FUTURE RESEARCH

Future research in biometric authentication, especially in real-time adaptive systems, is likely to focus on enhancing the robustness, adaptability, and security of these systems while improving user experience. Here are some promising areas for exploration:

- Advanced Adaptive Algorithms and Drift Prediction
- Predictive Drift Modeling:

Develop models that can not only adapt to drift but also predict it based on user-specific patterns. This could use time-series forecasting techniques or predictive analytics to adjust parameters before significant drift occurs.

• Transfer Learning for Cross-Platform Adaptation [17][21]:

Use transfer learning to adapt models across different devices and environments. For instance, a model trained on mobile device data could adapt more quickly to a desktop setting by transferring learned features.

#### • Self-Supervised Learning for Drift Adaptation:

Apply self-supervised learning methods that allow models to learn from data without labeled examples, enabling the model to adjust to new biometric patterns as they emerge without extensive re-labeling or manual re-enrollment.

- ➤ Enhanced Multi-Factor Authentication (MFA) Techniques
- Fusion of Physical and Behavioral Biometrics:

Research could focus on fusing a broader range of biometrics, such as combining gait, touch dynamics, and voice with traditional biometrics like fingerprint and face. This multimodal approach can increase both accuracy and resistance to spoofing.

#### • Dynamic MFA Based on Contextual Awareness:

Develop systems that dynamically adjust MFA requirements based on context, such as location, device type, or user behavior. For example, a system might require only a single

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biometric in low-risk situations but activate MFA if an unusual pattern is detected.

#### Privacy-Preserving Multi-Modal MFA:

Research privacy-preserving techniques, such as homomorphic encryption or federated learning, that allow for secure, multi-modal MFA without compromising user data privacy.

#### > Re-Enrollment Optimization and Passive Re-Enrollment

#### • Passive Re-Enrollment Mechanisms:

Investigate passive re-enrollment mechanisms that update biometric records automatically in the background when a user's biometrics are observed to drift within a certain range, without explicitly asking for re-enrollment.

#### • Real-Time Feedback Loops for Drift Management:

Research ways to implement continuous feedback from the model to prompt re-enrollment only when necessary, reducing user disruptions. This could involve adaptive thresholds or user-specific drift tolerances.

#### • User-Centric Re-Enrollment Policies:

Develop customizable re-enrollment policies that allow users to set personal preferences for re-enrollment frequency or sensitivity, balancing security and user comfort.

#### ➤ Anti-Spoofing and Liveness Detection [11]

# • Deepfake and Synthetic Spoofing Detection:

As AI-based [2] spoofing (e.g., deepfakes) advances, research is needed to improve spoofing detection. Techniques might include using adversarial networks (GANs) to create realistic spoofs and then training systems to detect them.

# • Micro-Expression and Thermal Imaging for Liveness:

Research ways to incorporate micro-expressions or thermal imaging to ensure a real human presence, making it harder for attackers to use static images or videos to fool the system.

#### • Sensor Fusion for Liveness Detection:

Combine data from multiple sensors (e.g., RGB and depth cameras, microphones, accelerometers) to improve liveness detection and prevent spoofing through complex, multi-sensor analysis.

# > Explainable and Transparent Biometric AI Models

# • Explainability in Biometric Decision-Making:

Develop methods to explain biometric model decisions, especially when authentication fails, or re-enrollment is triggered. This transparency can increase user trust and help identify biases or errors.

#### • Bias Mitigation in Biometric AI:

Research is needed to identify and mitigate biases in biometric models, particularly those related to race, age, or gender. Techniques could include bias correction in training data or fairness-aware algorithms.

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#### • User-Centric Explainability Interfaces:

Create interfaces that help users understand the reasons behind re-enrollment requests or failed authentications, improving transparency and trust in biometric systems.

# Federated and Privacy-First Biometric Learning [19]

#### • Federated Learning for Biometric Adaptation:

Research federated learning approaches where biometric models are updated locally on user devices, then aggregated centrally, enabling adaptation without requiring centralized data storage.

#### • Privacy-Preserving Machine Learning Techniques [6][23]:

Techniques like homomorphic encryption or differential privacy could enable model training on biometric data without exposing sensitive information, reducing privacy risks.

# • Decentralized Biometric Authentication:

Explore decentralized biometric authentication systems that eliminate central storage, relying on secure, device-specific biometric data, making it harder for attackers to target a single source.

# ➤ Biometrics in Emerging Technologies and Environments

# • Integration with IoT and Wearable Devices [22]:

As IoT and wearable devices proliferate, research how to integrate biometric systems that leverage these devices, such as gait or heart rate data from wearables, for more passive, continuous authentication.

### • Biometrics for VR and AR Authentication [24]:

Investigate how biometrics can be used in virtual and augmented reality environments, such as eye-tracking or hand gestures, providing authentication methods that are both secure and seamless in immersive settings.

#### • Biometrics in Remote Work and Telehealth:

Research methods for secure, reliable biometric authentication in remote work or telehealth scenarios, where physical verification is challenging. For example, adding voice or facial recognition for teleconferencing security.

# > Ethical and Regulatory Frameworks for Biometric Data

# • Ethics of Biometric Data Retention and Use [16]:

Study the ethical implications of long-term biometric data retention and usage policies. Research best practices for ensuring that data is stored, used, and discarded in compliance with user rights.

# • Impact of Biometric Authentication on Privacy:

Research the balance between privacy and security in biometric systems, exploring how to develop policies and models that respect privacy while maintaining security.

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#### • Standardization for Cross-Border Biometric Data Use:

As biometric systems become more prevalent globally, research on international standards is essential for handling biometric data across jurisdictions with varying privacy laws.

These research directions can significantly advance the field of biometric authentication, especially in creating more adaptive, secure, and user-friendly systems.

#### VI. CONCLUSION

#### > Embracing Change:

The research successfully demonstrates that biometric systems can be enhanced to adapt dynamically to changes in physical identifiers, offering a solution to the biometric paradox where biological markers evolve over time.

# > Triple-Threat Security:

The introduction of three key solutions—adaptive Algorithms, Multi-Factor Authentication, and Re-Enrollment Triggers—provides a robust framework for maintaining security and usability in biometric systems, each tailored to address specific challenges of biometric drift.

#### > Accuracy That Astounds:

The proposed models have shown impressive accuracy rates, with the Adaptive Algorithm achieving 94.25% and Multi-Factor Authentication reaching 97.10%, proving their effectiveness in real-world applications and ensuring reliable user authentication.

#### ➤ Future-Ready Frameworks:

From healthcare to high-stakes government ops, our solutions are set to revolutionize identity verification, with future research promising even more mind-blowing advancements in biometric security.

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