

Digital Dentistry in Contemporary Clinical Practice: Current Applications, Technological Advances, and Future Perspectives

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Abstract: Digital dentistry has revolutionized contemporary dental practice through the integration of advanced technologies that enhance diagnostic accuracy, treatment planning, clinical efficiency, and patient outcomes. The transition from conventional workflows to digitally driven approaches has been facilitated by innovations such as intraoral scanners, computer-aided design/ computer-aided manufacturing (CAD/CAM) systems, artificial intelligence (AI), and three-dimensional (3D) printing technologies. These developments have enabled clinicians to achieve greater precision, improved communication, reduced treatment times, and enhanced patient-centered care. This review aims to provide a comprehensive overview of major technologies contributing to digital dentistry and their applications in modern clinical practice. The evolution, working principles, clinical applications, advantages, limitations, and future prospects of intraoral scanning, CAD/CAM systems, artificial intelligence, and 3D printing are discussed. Particular emphasis is placed on the integration of these technologies into restorative dentistry, prosthodontics, orthodontics, implant dentistry, oral and maxillofacial surgery, and regenerative dentistry. Evidence from recent studies suggests that digital technologies contribute to more efficient workflows, improved treatment predictability, and stronger collaboration among dental specialties. Artificial intelligence is increasingly supporting diagnosis and clinical decision-making, while 3D printing has enabled the fabrication of highly customized dental devices and surgical aids. Despite challenges related to cost, training requirements, material limitations, and regulatory considerations, continued technological advancements are expected to drive broader clinical adoption. Collectively, these technologies are reshaping clinical workflows and supporting the transition toward more precise, personalized, and data-driven dental care.

Keywords: Digital Dentistry, Intraoral Scanning, CAD/CAM, Artificial Intelligence, Three-Dimensional Printing, Additive Manufacturing, Digital Workflow, Dental Technology.

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I. INTRODUCTION

The integration of digital technologies into dentistry has transformed the way oral diseases are diagnosed, treatment plans are developed, and restorative procedures are performed. Traditional dental workflows relied heavily on conventional impressions, stone casts, manual laboratory procedures, and time-consuming fabrication techniques. The introduction of digital technologies such as intraoral scanners, digital radiography, computer-aided design/ computer-aided manufacturing (CAD/CAM) systems, three-dimensional (3D) printing, and artificial intelligence (AI) has significantly transformed the way dental professionals diagnose, plan, and deliver treatment.¹

The foundation of digital dentistry was established through advancements in three major areas: digital imaging, CAD/ CAM technology, and practice management systems.

One of the earliest milestones was the introduction of the CEREC system, which enabled the fabrication of same-day restorations in a clinical setting. Simultaneously, laboratory-based CAD/CAM systems expanded the possibilities for digital restoration manufacturing and stimulated the development of new restorative materials and workflows.²

As digital technologies continued to evolve, their applications extended beyond restorative dentistry. Modern digital workflows now integrate diagnostic imaging, treatment planning, clinical decision-making, treatment execution, and long-term patient management. The increasing availability of digital data has enabled clinicians to achieve greater precision, efficiency, and predictability in patient care. In addition to improving treatment precision, digital systems have enhanced communication between clinicians, laboratories, and patients through rapid data sharing and visualization tools.³

A major driving force behind the current evolution of digital dentistry is the integration of artificial intelligence and advanced data-processing systems. AI technologies are increasingly being utilized for image interpretation, diagnostic support, treatment planning, and predictive analytics. Combined with innovations in imaging, CAD/CAM systems, and digital workflows, AI has the potential to further optimize clinical decision-making and personalized patient care.³

The rapid growth of digital dentistry can be attributed to the combined influence of several technological innovations. CAD/CAM systems enable the precise design and fabrication of restorations such as crowns, bridges, veneers, and implant-supported prostheses. Three-dimensional printing has revolutionized the production of dental models, surgical guides, orthodontic appliances, and customized prosthetic components. Artificial intelligence has demonstrated promising applications in disease detection, treatment planning, and workflow optimization, while augmented reality technologies are emerging as valuable tools for clinical visualization, education, and patient communication.⁴

With continuous advancements in digital technologies, dentistry is undergoing a fundamental transformation from conventional workflows to fully integrated digital ecosystems. These innovations have enhanced accuracy, efficiency, and patient experience while opening new possibilities for diagnosis, treatment planning, and interdisciplinary collaboration. Therefore, understanding the current applications, benefits, challenges, and future directions of digital dentistry has become increasingly important for contemporary clinical practice.

The aim of this review is to provide a comprehensive overview of digital dentistry, focusing on intraoral scanning, CAD/CAM systems, digital orthodontics, implant dentistry, artificial intelligence, and three-dimensional printing technologies, while discussing their clinical applications, advantages, limitations, and future prospects.

➤ *Evolution of Digital Dentistry*

The development of digital dentistry has been driven by continuous advances in imaging, computer technology, and manufacturing processes, gradually replacing many conventional clinical and laboratory procedures. For many decades, dental practice relied on conventional impressions, stone casts, manual laboratory procedures, and traditional radiographic techniques. Although these methods formed the foundation of clinical dentistry, they were often associated with longer treatment times, material distortions, operator-dependent errors, and limited opportunities for data storage and communication.⁶

The earliest stages of dental innovation focused on improving materials and clinical techniques. Historical records indicate that early dentures were fabricated from materials such as wood, gold, porcelain, and vulcanite before the introduction of acrylic resins and elastomeric

impression materials. Continuous advancements in dental materials and equipment gradually improved treatment outcomes and laid the groundwork for the adoption of digital technologies in dental practice.⁶

A major milestone in the digital transformation of dentistry was the introduction of computer-aided design and computer-aided manufacturing (CAD/CAM) technology. Initially developed for industrial applications such as aerospace and automotive manufacturing, CAD/CAM systems were adapted for dental use during the 1970s and 1980s. The development of the CEREC system enabled chair side fabrication of dental restorations, while laboratory-based systems expanded the possibilities for digital production of crowns, bridges, and other prosthetic components. These innovations significantly improved precision, efficiency, and reproducibility in restorative dentistry.^{2,5}

The subsequent introduction of digital imaging technologies further accelerated the digital revolution. Digital radiography and cone-beam computed tomography (CBCT) provided clinicians with enhanced diagnostic capabilities, reduced radiation exposure, and improved treatment planning. Unlike conventional film-based systems, digital imaging allowed electronic storage, image enhancement, and rapid sharing of patient data, facilitating interdisciplinary collaboration and more efficient clinical workflows.⁷

During the last two decades, digital dentistry has expanded beyond imaging and restorative procedures. Advances in intraoral scanning, digital orthodontics, implant planning software, three-dimensional (3D) printing, and artificial intelligence have enabled the development of comprehensive digital workflows that integrate diagnosis, treatment planning, manufacturing, and outcome evaluation. These technologies have transformed both clinical practice and dental laboratory procedures, allowing greater accuracy, efficiency, and patient-centered care.^{1,3,4}

Modern dental practice increasingly relies on interconnected digital systems that combine imaging, design, manufacturing, and clinical decision support. As innovations continue to emerge, digital workflows are expected to play an increasingly important role across all disciplines of dentistry, shaping the future of oral healthcare delivery.^{1,3}

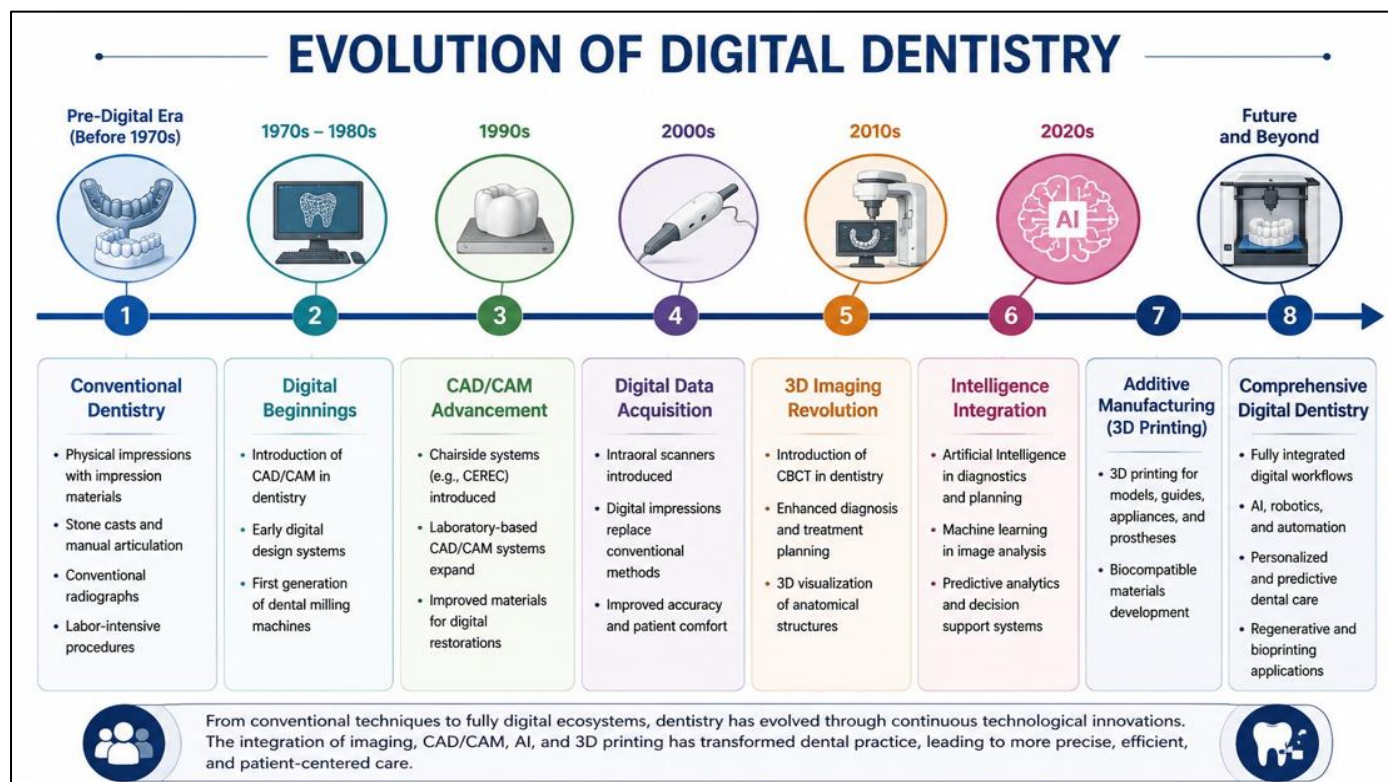


Fig 1 Evolution of Digital Dentistry from Conventional Clinical Workflows to Comprehensive Digital Dentistry Through the Integration of Digital Radiography, CAD/CAM Systems, Intraoral Scanning, CBCT, Artificial Intelligence, and 3D Printing Technologies. Figure Designed by the Author Based on the Reviewed Literature¹⁻⁷

Table 1 Comparison Between Conventional and Digital Dental Workflows. Digital Workflows Offer Improved Accuracy, Efficiency, Data Storage, Communication

Parameter	Conventional Workflow	Digital Workflow
Impressions	Physical	Digital Scan
Storage	Physical Casts	Digital Files
Communication	Manual	Instant Digital Transfer
Accuracy	Operator Dependent	High Precision
Time	Longer	Reduced
Patient Comfort	Moderate	Improved

II. INTRAORAL SCANNING

➤ Introduction and Evolution

Intraoral scanners are now routinely incorporated into digital dental workflows and have transformed the process of impression making. Unlike conventional impression techniques, which require impression materials and subsequent cast fabrication, IOS technology captures digital data directly from the patient's dentition, thereby streamlining clinical workflows and enhancing patient comfort.^{8,10}

The development of intraoral scanning technology has been driven by continuous advancements in hardware and software systems. Early intraoral scanners often required powder application and demonstrated limitations in speed, accuracy, and compatibility with digital workflows. Recent innovations have introduced faster scanning speeds, powder-free systems, improved image-stitching algorithms, color image acquisition, and open data interfaces, significantly enhancing both efficiency and interoperability.

These improvements have contributed to the widespread adoption of IOSs across various dental specialties.⁸

➤ Working Principles of Intraoral Scanners

Intraoral scanners function by projecting a light source or laser onto dental structures and capturing reflected images through optical sensors. The acquired images are processed by specialized software and converted into three-dimensional digital models, commonly stored in Standard Tessellation Language (STL) format. These digital models can then be integrated into computer-aided design and computer-aided manufacturing (CAD/CAM) workflows for restorative, orthodontic, and implant-related procedures.⁹

➤ Clinical Applications

The expanding role of intraoral scanners in multiple dental disciplines can largely be attributed to the clinical and practical benefits offered by digital impression systems. The clinical applications of intraoral scanning have expanded considerably beyond impression making. In restorative dentistry, IOSs are routinely used for the fabrication of

crowns, bridges, veneers, and implant-supported prostheses. In orthodontics, digital models facilitate treatment planning, aligner fabrication, and monitoring of tooth movement. Furthermore, the integration of IOSs with cone-beam computed tomography (CBCT) and facial scanning technologies has improved diagnostic capabilities and treatment planning in implant dentistry and oral and maxillofacial surgery.⁸

Despite their numerous advantages, intraoral scanners are not without limitations. Initial acquisition costs, the learning curve associated with new technologies, and variations in accuracy among different systems remain important considerations. Conventional impression techniques may still provide advantages in certain long-span restorative situations. Nevertheless, ongoing technological advancements continue to improve scanner performance, usability, and clinical applicability, further strengthening the role of intraoral scanning within contemporary digital dentistry (8,9,10).

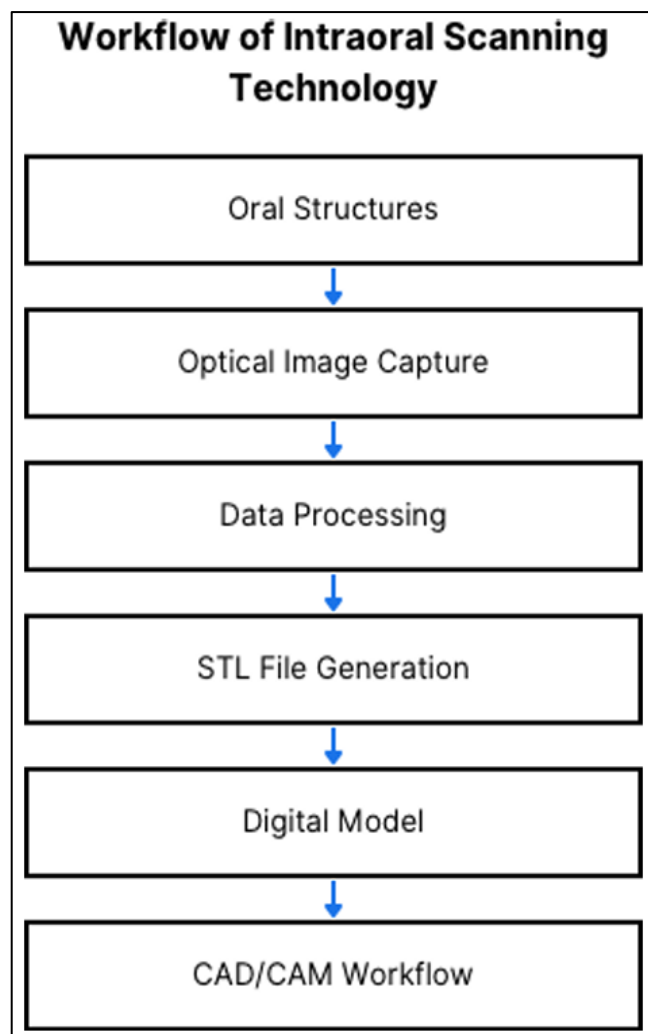


Fig 2 The Process Involves Optical Image Acquisition of Oral Structures, Digital Data Processing, Generation of a Three-Dimensional Virtual Model, and Integration into CAD/ CAM Workflows for Restorative, Orthodontic, and Implant Applications. Figure Designed by the Author Based on the Reviewed Literature.^{8,9,10}

➤ Advantages of Intraoral Scanners

The widespread adoption of intraoral scanners can largely be attributed to their clinical and practical advantages. Optical impressions reduce patient discomfort and eliminate many of the challenges associated with conventional impression materials, particularly in patients with gag reflexes or anxiety. Digital workflows also eliminate the need for physical stone casts, reduce storage requirements, improve communication between clinicians and dental laboratories, and facilitate more effective patient education through visual representation of treatment plans. Additionally, digital impressions can shorten clinical and laboratory procedures, resulting in improved workflow efficiency.¹⁰

➤ Accuracy and Limitations

The clinical reliability of intraoral scanners depends largely on their ability to produce accurate and reproducible digital impressions. Multiple studies have reported favorable levels of trueness and precision for contemporary IOS systems, particularly in single-unit and short-span restorations. Their performance in implant dentistry has also shown promising results. However, accuracy may be influenced by several factors, including scanner technology, scanning technique, operator experience, ambient lighting conditions, and the clinical environment. Challenges such as saliva, patient movement, limited access, and blood contamination may affect scan quality and should be considered during clinical application.⁹

III. CAD/CAM SYSTEMS IN DENTISTRY

➤ Introduction and Evolution

Computer-Aided Design (CAD) and Computer-Aided Manufacturing (CAM) technologies have become integral components of modern digital dentistry. Over the past few decades, CAD/CAM systems have transformed the design and fabrication of dental restorations by replacing many conventional laboratory procedures with digital workflows. These systems are now widely used in both dental laboratories and clinical settings for the fabrication of inlays, onlays, crowns, bridges, veneers, implant-supported prostheses, removable dentures, and orthodontic appliances.¹¹

The development of dental CAD/CAM technology was driven by the growing demand for restorations that are aesthetically pleasing, highly accurate, durable, and efficient to produce. Since their introduction in dentistry during the 1980s, CAD/CAM systems have undergone significant improvements in hardware, software, and restorative materials. Advances in computer processing, digital imaging, and manufacturing technologies have enabled CAD/CAM systems to become a reliable alternative to conventional fabrication methods.¹²

➤ Components of CAD/CAM Systems

A typical CAD/CAM system consists of three major components: data acquisition, digital design, and manufacturing. The process begins with data acquisition

through intraoral scanners or other digital imaging systems, which capture the morphology of teeth and surrounding oral structures. The acquired data are then transferred to CAD software, where restorations are digitally designed according to the patient's anatomical and functional requirements. Finally, the design is sent to a CAM unit, where restorations are fabricated through milling or other automated manufacturing processes.^{11,12}

The integration of these components enables clinicians and dental technicians to create restorations with improved precision and reproducibility while minimizing manual errors commonly associated with traditional laboratory techniques.

➤ Clinical Applications

The use of CAD/CAM technology has extended well beyond restorative dentistry and is now incorporated into several clinical disciplines. In restorative dentistry, CAD/CAM systems are routinely used for the fabrication of ceramic inlays, onlays, crowns, veneers, and fixed partial dentures. Implant dentistry benefits from the production of implant-supported prostheses and customized abutments, while prosthodontics utilizes CAD/CAM workflows for complete and removable dentures. Furthermore, digital workflows have also found applications in orthodontics through the fabrication of aligners and other customized appliances.¹¹

One of the most notable developments in CAD/CAM dentistry has been the introduction of chairside systems such as CEREC, which allow clinicians to design and fabricate restorations within a single appointment. These systems have significantly reduced treatment time and improved patient convenience.¹²

➤ Applications Of CAD/CAM Technology

Compared with conventional laboratory workflows, CAD/CAM systems provide several practical and clinical benefits. One of its most significant benefits is the ability to produce restorations with a high degree of precision and consistency. Digital design and automated manufacturing reduce human error and improve the fit and quality of restorations.¹²

The technology also contributes to reduced laboratory workload and shorter treatment times. Automated manufacturing processes allow restorations to be fabricated more efficiently than conventional methods, while digital records eliminate the need for repeated impressions and physical storage of casts. In addition, CAD/CAM systems facilitate the use of advanced ceramic materials that may be difficult to process using traditional laboratory techniques.^{11,12}

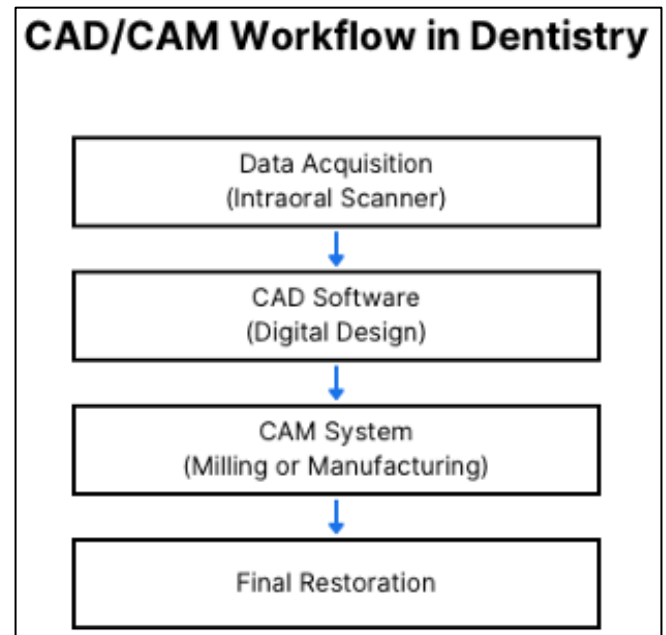


Fig 3 Workflow of CAD/CAM Technology in Dentistry. The CAD/CAM Process Involves Digital Data Acquisition Through Intraoral Scanning or Digital Impressions, Virtual Restoration Design Using Computer-Aided Design (CAD) Software, and Fabrication Through Computer-Aided Manufacturing (CAM) Systems. The Workflow Enables the Production of Precise Dental Restorations with Improved Efficiency, Accuracy, and Reproducibility. Figure Designed by the Author Based on the Reviewed Literature.^{11,12}

➤ Limitations of CAD/CAM Technology

Despite its numerous advantages, CAD/CAM technology has certain limitations. The initial investment required for purchasing scanners, design software, and milling units can be substantial. Furthermore, successful implementation requires adequate training and familiarity with digital workflows.

The accuracy and clinical performance of CAD/CAM restorations may also depend on factors such as scanner quality, software capabilities, material properties, and operator experience. Although CAD/CAM systems have demonstrated excellent outcomes for many restorative procedures, conventional methods may still be preferred in certain complex clinical situations.¹²

An additional benefit is the ability to standardize manufacturing procedures and maintain digital records for future modifications. Digital workflows enable standardized production, reproducibility, and long-term storage of design data, allowing restorations to be recreated or modified when necessary.¹²

➤ Future Perspectives of CAD/CAM Technology

Continuous advancements in software development, artificial intelligence, digital imaging, and manufacturing technologies are expected to further enhance CAD/CAM dentistry. Future developments are expected to focus on greater automation, enhanced interoperability, and improved

manufacturing precision. As digital workflows continue to evolve, CAD/ CAM technology will remain a cornerstone of modern dental practice and an essential component of comprehensive digital dentistry.^{11,12}

IV. ARTIFICIAL INTELLIGENCE IN DENTISTRY

➤ *Introduction and Principles of Artificial Intelligence*

Artificial intelligence (AI) has emerged as one of the most transformative technologies in healthcare and is increasingly influencing various aspects of dental practice. AI refers to the ability of computer systems to perform tasks that traditionally require human intelligence, including learning, reasoning, pattern recognition, decision-making, and problem-solving. Machine learning (ML), a major subset of AI, enables computer systems to learn from large datasets and identify patterns without explicit programming. The rapid growth of digital data, advances in computing power, and the development of sophisticated algorithms have accelerated the integration of AI into modern dentistry.^{13,14}

The adoption of AI in dentistry has been driven by the increasing availability of digital radiographs, cone-beam computed tomography (CBCT), intraoral scans, electronic health records, and CAD/CAM systems. By analyzing these large datasets, AI can assist clinicians in diagnosis, treatment planning, outcome prediction, and clinical decision-making, thereby improving efficiency and reducing the risk of human error.^{13,14}

➤ *Applications of Artificial Intelligence in Dentistry*

Artificial intelligence has found applications across numerous dental specialties and is increasingly being integrated into routine clinical practice. The ability of AI systems to analyze large amounts of clinical and imaging data rapidly has enabled significant improvements in diagnosis, treatment planning, and patient management.

One of the most established applications of AI is in dental radiology. Artificial intelligence algorithms can analyze intraoral radiographs, panoramic radiographs, and cone-beam computed tomography (CBCT) images to identify dental caries, periodontal bone loss, periapical lesions, impacted teeth, and other oral pathologies. By assisting clinicians in image interpretation, AI can improve diagnostic consistency, reduce observer variability, and facilitate early disease detection, ultimately contributing to improved treatment outcomes.^{14,15}

In endodontics, AI technologies have demonstrated promising results in the detection of periapical lesions, identification of vertical root fractures, determination of working length, and assessment of root canal morphology. Machine learning models have also been employed to predict treatment outcomes and support clinical decision-making during complex endodontic procedures. These applications may improve diagnostic accuracy and enhance the predictability of root canal treatment.¹⁵

Orthodontics represents another rapidly expanding area of AI application. Artificial intelligence is increasingly used in cephalometric analysis, diagnosis of malocclusion, treatment planning, aligner fabrication, and monitoring of tooth movement. The integration of AI with digital models and intraoral scanning technologies has facilitated more accurate treatment simulations and personalized orthodontic care. Furthermore, AI-assisted systems can improve workflow efficiency by automating repetitive analytical tasks traditionally performed manually.^{14,15}

In prosthodontics and restorative dentistry, AI contributes to digital smile design, restoration planning, shade matching, and CAD/CAM workflows. Intelligent software systems can assist clinicians in designing restorations that satisfy both functional and esthetic requirements while improving efficiency and reducing fabrication errors. The combination of AI and digital workflows has further enhanced the precision of restorative procedures and prosthetic rehabilitation.¹⁴

In oral and maxillofacial surgery, machine-learning algorithms are increasingly being used for treatment planning and surgical guidance. Advanced algorithms can assist in surgical planning, implant placement, anatomical structure identification, and image-guided procedures. The integration of AI with CBCT imaging and virtual treatment planning systems has improved surgical precision and predictability. Emerging robotic-assisted surgical technologies further demonstrate the expanding role of AI in complex dental and maxillofacial procedures.¹⁵

Beyond clinical specialties, AI has also shown potential in forensic odontology, where it is utilized for age estimation, gender determination, craniofacial analysis, and bite-mark assessment. Additionally, AI applications in dental education, patient management, appointment scheduling, and electronic health record systems have contributed to greater efficiency in both academic and clinical settings. As digital technologies continue to evolve, the scope of AI applications in dentistry is expected to expand further, making it an integral component of modern dental practice.^{13,14,15}

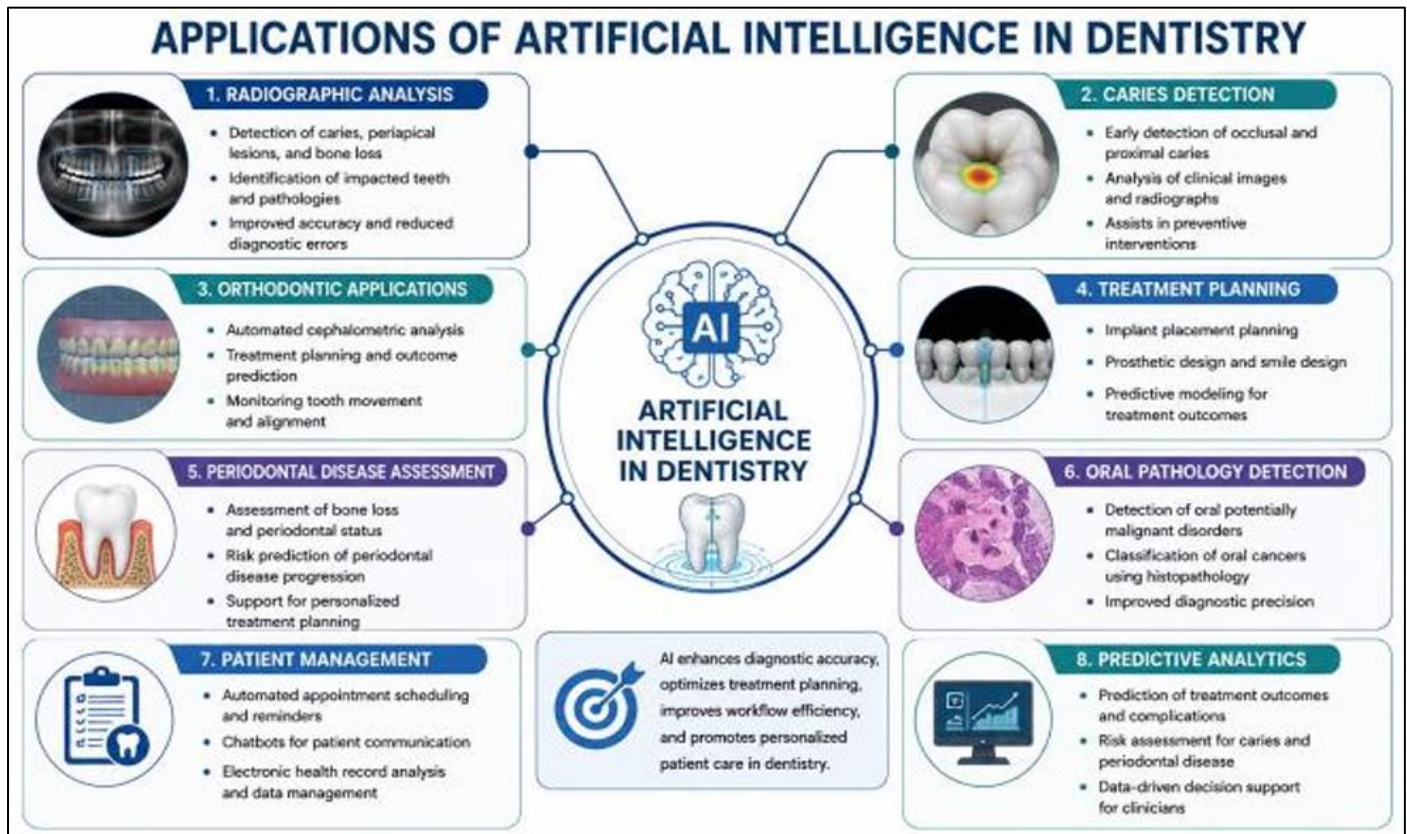


Fig 4 Major Applications of Artificial Intelligence in Dentistry. Artificial Intelligence has Been Integrated into Multiple Dental Specialties, Including Dental Radiology, Endodontics, Orthodontics, Prosthodontics, Oral and Maxillofacial Surgery, Forensic Odontology, Practice Management, and Dental Education. These Applications Support Enhanced Diagnosis, Treatment Planning, Workflow Efficiency, and Clinical Decision-Making within Modern Digital Dentistry. Figure Designed by the Author

Based on the Reviewed Literature.^{13,14,15}

➤ Advantages of Artificial Intelligence in Dentistry

The integration of artificial intelligence into dentistry offers numerous advantages that have the potential to improve both clinical practice and patient outcomes. One of the most significant benefits of AI is its ability to analyze large volumes of clinical and radiographic data rapidly and consistently. This capability enables clinicians to identify patterns, abnormalities, and potential disease conditions more efficiently than traditional methods, thereby supporting earlier diagnosis and intervention.^{13,15}

Several studies have reported improvements in diagnostic performance when AI-assisted systems are incorporated into image interpretation workflows. By utilizing machine learning and deep learning algorithms, AI systems can assist in the detection of dental caries, periodontal disease, periapical lesions, and other oral pathologies with a high degree of precision. Such systems reduce observer variability and minimize the risk of human error, leading to more reliable diagnostic outcomes.^{14,15}

Another important advantage is the enhancement of treatment planning and clinical decision-making. AI-based systems can integrate information from radiographs, intraoral scans, patient records, and other diagnostic sources to generate evidence-based recommendations. This allows clinicians to develop more personalized treatment strategies

and improve the predictability of clinical outcomes. In specialties such as orthodontics, implantology, and prosthodontics, AI-assisted planning has contributed to increased treatment precision and efficiency.^{14,15}

Artificial intelligence also improves workflow efficiency by automating repetitive and time-consuming tasks. Activities such as image interpretation, record analysis, appointment management, documentation, and treatment monitoring can be performed more rapidly with AI-supported systems. This reduces administrative burden and allows dental professionals to dedicate more time to patient care and complex clinical procedures.¹³

In addition, AI facilitates enhanced patient communication and education. Digital visualization tools and predictive models can help patients better understand their oral health conditions and proposed treatment plans. Improved communication may increase patient engagement, treatment acceptance, and overall satisfaction with dental care.¹⁵

Furthermore, AI contributes to the advancement of research and evidence-based dentistry by enabling the analysis of large datasets and identifying trends that may not be apparent through conventional analytical methods. Such capabilities support continuous improvement in

diagnostic techniques, treatment protocols, and healthcare delivery systems. As AI technologies continue to evolve, their ability to enhance clinical efficiency, diagnostic accuracy, and patient-centered care is expected to further strengthen their role in modern dental practice.^{13,14,15}

➤ *Limitations and Challenges of Artificial Intelligence in Dentistry*

Despite its significant potential, AI faces several challenges in dentistry. The performance of AI systems depends heavily on the quality and diversity of training datasets. Limitations such as insufficient data, algorithm bias, lack of transparency, ethical concerns, and data privacy issues remain important barriers to widespread implementation. Furthermore, AI should be regarded as a supportive tool rather than a replacement for professional clinical judgment, as human expertise remains essential for comprehensive patient care.^{13,14}

➤ *Future Perspectives of Artificial Intelligence in Dentistry*

Future developments in artificial intelligence are expected to further strengthen its role within digital dentistry. Emerging technologies such as federated learning, explainable AI, intelligent clinical decision-support systems, robotic-assisted procedures, and AI-integrated digital workflows are likely to enhance diagnostic and therapeutic capabilities. The integration of AI with intraoral scanners, CAD/CAM systems, CBCT imaging, and three-dimensional printing may facilitate highly personalized treatment planning and improved clinical outcomes. Consequently, AI is expected to become an increasingly important component of contemporary digital dentistry while functioning as an intelligent assistant to dental professionals rather than replacing them.^{14,15}

V. THREE-DIMENSIONAL (3D) PRINTING IN DENTISTRY

➤ *Introduction to Three-Dimensional (3D) Printing in Dentistry*

The introduction of additive manufacturing has significantly expanded the possibilities of digital dentistry by enabling the fabrication of customized dental devices directly from virtual designs. Unlike conventional subtractive manufacturing techniques, which involve the removal of material from a solid block through milling or machining, three-dimensional (3D) printing constructs objects layer by layer based on a digital design. This approach enables the fabrication of highly precise and customized dental structures with minimal material waste and enhanced efficiency.^{16,18}

The integration of three-dimensional (3D) printing into dentistry has been facilitated by advancements in digital technologies such as intraoral scanning, cone-beam computed tomography (CBCT), computer-aided design/computer-aided manufacturing (CAD/CAM), and artificial intelligence (AI). These technologies allow clinicians to acquire accurate patient data, design restorations or surgical

devices digitally, and fabricate them with a high degree of precision. As a result, 3D printing has become a key component of the digital dentistry workflow, bridging the gap between virtual treatment planning and clinical implementation.^{16,17}

Initially introduced for rapid prototyping, three-dimensional (3D) printing has evolved considerably and is now used for the fabrication of diagnostic models, surgical guides, orthodontic appliances, implant components, provisional restorations, complete dentures, maxillofacial prostheses, and tissue-engineering scaffolds. The ability to produce patient-specific devices has significantly improved treatment planning, clinical predictability, and patient outcomes. Furthermore, the technology has reduced laboratory turnaround times and enabled more efficient communication between clinicians, dental technicians, and patients.^{17,18}

Recent developments in biomaterials and printing technologies have further expanded the scope of dental three-dimensional (3D) printing. Modern printers can process a variety of materials, including photopolymer resins, ceramics, metals, and thermoplastics, allowing their application across multiple dental specialties. In addition, the incorporation of artificial intelligence into digital workflows has enhanced design automation, error detection, and treatment planning, paving the way for more personalized and data-driven dental care.¹⁵

Despite its numerous advantages, challenges related to equipment cost, material limitations, post-processing requirements, and regulatory considerations remain. Nevertheless, continuous technological advancements and increasing clinical acceptance suggest that three-dimensional (3D) printing will play an increasingly important role in the future of restorative, surgical, orthodontic, and regenerative dentistry.^{15,16,17,18}

➤ *Workflow of Three-Dimensional Printing in Dentistry*

The workflow of three-dimensional (3D) printing in dentistry involves a sequence of interconnected digital and manufacturing processes that transform patient-specific information into a physical object. This workflow integrates advanced imaging technologies, computer-aided design (CAD) software, and additive manufacturing systems to produce customized dental devices with a high degree of accuracy and reproducibility.^{16,17}

The workflow starts with the collection of patient-specific anatomical data, which serves as the foundation of the digital workflow. Patient-specific anatomical information is obtained through intraoral scanners, cone-beam computed tomography (CBCT), facial scanners, or conventional desktop scanners. These technologies generate detailed digital representations of dental and craniofacial structures that can be used for diagnosis, treatment planning, and fabrication of customized appliances. The collected information is typically stored in formats such as Standard Tessellation Language (STL) or Digital Imaging and

Communications in Medicine (DICOM), enabling compatibility with various design and manufacturing software platforms.¹⁶

Following data acquisition, the digital files are imported into specialized CAD software for virtual treatment planning and design. At this stage, clinicians and dental technicians can design surgical guides, orthodontic appliances, prosthetic restorations, implant components, and anatomical models according to the individual requirements of each patient. Digital planning allows modifications to be performed before fabrication, improving treatment predictability and reducing the risk of clinical errors. Furthermore, virtual simulation enhances communication between clinicians, laboratories, and patients, facilitating a more efficient treatment workflow.^{17,18}

Once the design process is completed, the digital model undergoes file preparation and slicing. During this stage, the CAD model is converted into a printable format and divided into multiple thin layers that guide the additive manufacturing process. Important parameters such as layer thickness, build orientation, support structures, printing speed, and material selection are determined during this phase. These factors significantly influence the dimensional accuracy, surface quality, mechanical properties, and overall performance of the final printed product.^{16,18}

The additive manufacturing stage involves the layer-by-layer fabrication of the designed object using a selected 3D printing technology. Various techniques, including stereolithography (SLA), digital light processing (DLP), fused deposition modeling (FDM), selective laser sintering (SLS), and selective laser melting (SLM), are currently utilized in dentistry. Depending on the intended application, different materials such as photopolymer resins, ceramics, thermoplastics, and metal alloys may be employed. The ability to fabricate complex geometries with minimal material waste represents one of the major advantages of additive manufacturing over conventional manufacturing methods.^{16,17}

After fabrication, the printed object undergoes post-processing procedures to optimize its physical and biological properties. These procedures may include cleaning, support removal, ultraviolet curing, polishing, finishing, and sterilization. Proper post-processing is essential to ensure dimensional stability, surface smoothness, mechanical strength, and biocompatibility of the final product. Failure to perform adequate post-processing may compromise both the quality and clinical performance of printed dental devices.¹⁸

Following quality assessment and verification, the final product is delivered for clinical application. Depending on the clinical indication, three-dimensional (3D)-printed objects may be used as diagnostic models, surgical guides, orthodontic appliances, provisional restorations, denture bases, implant-related components, or maxillofacial

prostheses. The integration of digital design and additive manufacturing has enabled highly personalized treatment approaches, improved workflow efficiency, and enhanced patient-centered care across multiple dental specialties.^{16,17,18}

Overall, the workflow of 3D printing in dentistry represents a seamless transition from digital data acquisition to clinical implementation. By combining advanced imaging technologies, CAD/CAM systems, and additive manufacturing techniques, 3D printing has become an indispensable component of contemporary digital dentistry and continues to expand its role in both clinical practice and dental research.

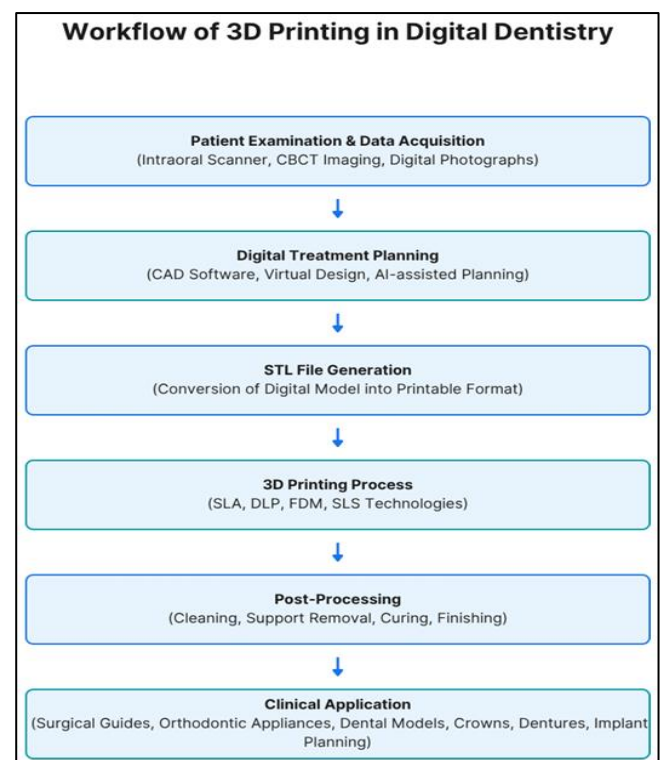


Fig 5 General Workflow of Three-Dimensional (3D) Printing in Digital Dentistry, Illustrating Data Acquisition, Digital Design, Additive Manufacturing, Post-Processing, and Clinical Application. Figure Designed by the Author Based on the Reviewed Literature¹⁶⁻¹⁸

➤ Major Three-Dimensional Printing Technologies Used in Dentistry

The rapid growth of three-dimensional (3D) printing in dentistry has been accompanied by the development of several additive manufacturing technologies, each possessing unique characteristics, advantages, and clinical applications. The selection of a particular printing technology depends on factors such as accuracy requirements, material compatibility, printing speed, cost, and intended clinical use. Among the numerous available technologies, stereolithography (SLA), digital light processing (DLP), fused deposition modeling (FDM), selective laser sintering (SLS), and selective laser melting (SLM) are the most commonly utilized in dental practice and research.^{16,17}

- **Stereolithography (SLA)**

Stereolithography is one of the earliest and most widely used three-dimensional (3D) printing technologies in dentistry. This technique utilizes a laser beam to selectively polymerize photosensitive resin layer by layer, resulting in highly accurate and detailed printed objects. SLA technology is particularly valued for its excellent surface quality, dimensional accuracy, and ability to reproduce fine anatomical structures. Consequently, it is frequently employed for the fabrication of diagnostic models, surgical guides, orthodontic appliances, and provisional restorations.

Despite its high precision, SLA requires post-processing procedures such as cleaning and ultraviolet curing to achieve optimal mechanical properties.^{16,18}

- **Digital Light Processing (DLP)**

Digital Light Processing is similar to stereolithography but utilizes a digital projector rather than a laser to cure an entire layer of resin simultaneously. This approach significantly reduces printing time while maintaining a high level of accuracy. DLP technology has gained widespread popularity in dentistry due to its efficiency, precision, and suitability for chairside and laboratory applications. Common dental applications include the fabrication of orthodontic models, surgical guides, temporary restorations, and removable prosthetic components. The combination of speed and accuracy has made DLP one of the most frequently used technologies in modern dental laboratories.^{16,17}

- **Fixed Deposition Modeling (FDM)**

Fused Deposition Modeling operates by extruding thermoplastic materials through a heated nozzle, depositing material layer by layer to create a three-dimensional object. Compared with SLA and DLP, FDM systems are generally more affordable and easier to operate. Although the technology offers lower accuracy and surface quality than resin-based systems, it remains useful for educational models, diagnostic models, research applications, and preliminary prototypes. The relatively low cost of equipment and materials has contributed to the widespread adoption of FDM technology in academic and research

settings.^{17,18}

- **Selective Laser Sintering (SLS)**

Selective Laser Sintering employs a high-energy laser to fuse powdered materials layer by layer without requiring support structures during fabrication. This technology enables the production of complex geometries and durable components with excellent mechanical properties. In dentistry, SLS has been utilized for the fabrication of surgical guides, removable prosthetic frameworks, and various laboratory components. The absence of support structures and the ability to process multiple materials represent significant advantages of this technology. However, the equipment and operational costs associated with SLS are generally higher than those of conventional resin-based printing systems.¹⁶

- **Selective Laser Melting (SLM)**

Selective Laser Melting is an advanced additive manufacturing technique that completely melts metallic powders using a high-powered laser. This technology is particularly important in implant dentistry and prosthodontics because it allows the fabrication of highly accurate metal frameworks, implant components, and customized prosthetic structures. SLM offers excellent mechanical strength, precision, and material utilization. However, the complexity of the process, high equipment costs, and specialized material requirements currently limit its widespread clinical adoption compared with other 3D printing technologies.^{16,17}

Each three-dimensional (3D) printing technology possesses distinct advantages and limitations, making them suitable for specific clinical applications. While SLA and DLP dominate the fabrication of highly accurate dental models and surgical guides, FDM offers a cost-effective solution for educational and research purposes. Similarly, SLS and SLM provide enhanced mechanical properties and are particularly valuable for complex prosthetic and implant-related applications. As technological advancements continue, improvements in printing speed, accuracy, material diversity, and affordability are expected to further expand the role of additive manufacturing in contemporary dentistry.^{16,17,18}

Table 2 Comparison of Major Three-Dimensional Printing Technologies Used in Dentistry, Highlighting their Working Principles, Advantages, Limitations, and Common Clinical Applications. Created by the Author Based on the Reviewed Literature.

Technology	Working Principle	Advantages	Limitations
Stereolithography (SLA)	Uses a laser beam to selectively polymerize photosensitive resin layer by layer.	High accuracy, excellent surface quality, precise reproduction of anatomical details.	Requires post-processing, resin limitations, relatively slower than DLP.
Digital Light Processing (DLP)	Uses projected light to cure an entire resin layer simultaneously.	Faster printing speed, high precision, efficient production.	Limited build size, dependence on photopolymer resins.
Fused Deposition Modeling (FDM)	Extrudes heated thermoplastic material through a nozzle layer by layer.	Low cost, easy operation, widely accessible.	Lower accuracy, rougher surface finish, reduced detail reproduction.
Selective Laser Sintering (SLS)	Uses a laser to fuse powdered materials without support structures.	Strong mechanical properties, complex geometries possible, minimal material waste.	Expensive equipment, complex operation and maintenance.

➤ *Clinical Applications of Three-Dimensional Printing in Dentistry*

The increasing adoption of three-dimensional (3D) printing technologies has significantly expanded their clinical applications across various dental specialties. The ability to fabricate highly accurate, patient-specific structures directly from digital data has improved treatment planning, workflow efficiency, and clinical outcomes. From diagnostic models and surgical guides to prosthetic restorations and tissue-engineering scaffolds, 3D printing has become an integral component of contemporary digital dentistry.^{16,17,18}

• *Diagnostic and Working Models*

One of the earliest and most widespread applications of three-dimensional (3D) printing in dentistry is the fabrication of diagnostic and working models. Digital impressions obtained through intraoral scanners or conventional scanning methods can be converted into physical models with high dimensional accuracy. These models facilitate diagnosis, treatment planning, case presentation, and communication between clinicians, dental technicians, and patients. Compared with conventional stone casts, 3D-printed models offer improved reproducibility, digital storage capabilities, and efficient reproduction when required.^{16,17}

• *Surgical Guides*

Three-dimensional printing has revolutionized the fabrication of surgical guides used in implant dentistry and oral surgery. Digital treatment planning software allows clinicians to virtually determine optimal implant positions based on anatomical structures and prosthetic requirements. This information can then be translated into customized surgical guides through additive manufacturing. The use of three-dimensional (3D)-printed guides improves surgical accuracy, enhances implant placement precision, reduces operative time, and contributes to more predictable clinical outcomes.^{16,18}

• *Orthodontics*

In orthodontics, three-dimensional (3D) printing has transformed the production of study models, aligners, retainers, indirect bonding trays, and customized orthodontic appliances. Digital orthodontic workflows integrate intraoral scanning, computer-aided design, and additive manufacturing to facilitate treatment planning and appliance fabrication. The ability to produce patient-specific appliances has improved treatment efficiency, appliance accuracy, and patient comfort while reducing dependence on traditional laboratory procedures.^{17,18}

• *Prosthodontics and Restorative Dentistry*

The applications of three-dimensional (3D) printing in prosthodontics continue to expand rapidly. Additive manufacturing is currently utilized for the fabrication of complete dentures, removable partial denture frameworks, provisional restorations, custom trays, occlusal splints, and maxillofacial prostheses. The technology enables the

production of highly customized prosthetic devices with improved fit and reduced laboratory processing time. Furthermore, integration with CAD/CAM systems has enhanced the precision and efficiency of restorative procedures, supporting the development of fully digital workflows.^{16,17}

• *Implant Dentistry*

Implant dentistry has greatly benefited from advances in 3D printing technology. In addition to surgical guide fabrication, additive manufacturing is increasingly used for the production of implant models, customized abutments, and implant-supported prosthetic components. The integration of CBCT imaging, intraoral scanning, and three-dimensional (3D) printing allows comprehensive treatment planning and facilitates prosthetically driven implant placement. These developments have improved surgical predictability and contributed to more favorable functional and esthetic outcomes.^{16,17,18}

• *Oral and Maxillofacial Surgery*

Three-dimensional printing has become an important tool in oral and maxillofacial surgery for the fabrication of anatomical models, surgical templates, reconstruction plates, and patient-specific implants. Physical models generated from CBCT data allow surgeons to visualize complex anatomical structures, simulate surgical procedures, and improve preoperative planning. In cases involving craniofacial trauma, congenital deformities, or tumor resection, customized 3D-printed devices have demonstrated significant value in improving surgical precision and reducing operative complexity.^{17,18}

• *Regenerative Dentistry and Tissue Engineering*

Recent advancements in bio printing and tissue engineering have expanded the potential applications of three-dimensional (3D) printing beyond conventional restorative and surgical procedures. Researchers are exploring the fabrication of biomimetic scaffolds, bone substitutes, and tissue-engineered constructs that may support periodontal regeneration and craniofacial tissue reconstruction. Although many of these applications remain experimental, they represent promising future directions for regenerative dentistry and personalized healthcare.^{16,18}

The versatility of three-dimensional (3D) printing technology has enabled its integration into nearly every area of dental practice. By facilitating the fabrication of customized devices and supporting digital treatment workflows, additive manufacturing has improved clinical efficiency, treatment precision, and patient-centered care. As technological advancements continue and new printable materials become available, the scope of clinical applications is expected to expand further with the development of new printable materials and advanced manufacturing technologies.^{16,17,18}

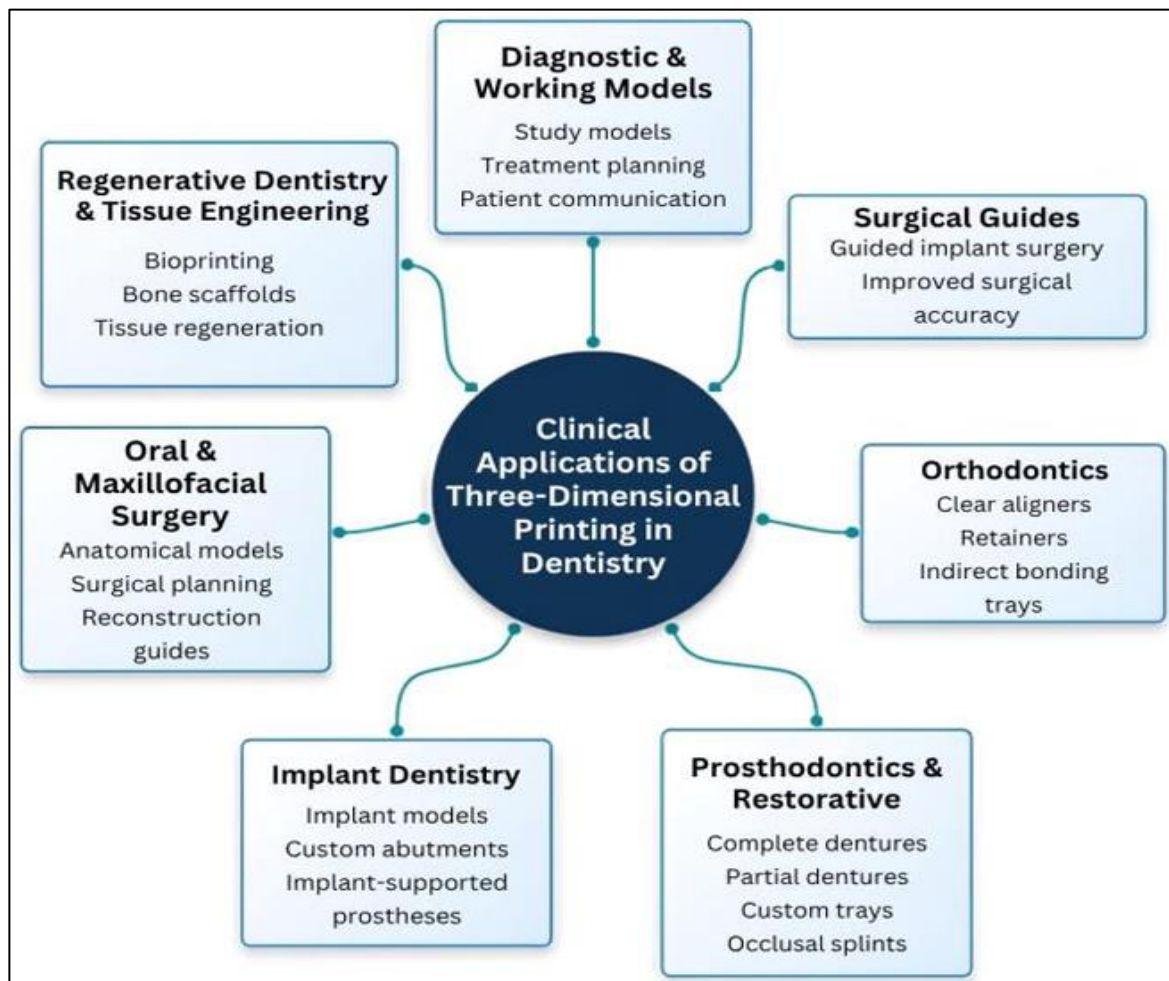


Fig 6 Major Clinical Applications of Three-Dimensional Printing in Dentistry, Including Diagnostic Models, Surgical Guides, Orthodontics, Prosthodontics, Implant Dentistry, Oral and Maxillofacial Surgery, and Regenerative Dentistry. Figure Designed by the Author Based on the Reviewed Literature.^{16,17,18}

➤ *Materials Used in Dental Three-Dimensional Printing*

The success of three-dimensional (3D) printing in dentistry is largely dependent on the properties of the materials used during the fabrication process. Advances in material science have expanded the range of printable biomaterials available for dental applications, enabling the production of highly accurate, durable, and biocompatible dental devices. The selection of a printing material depends on factors such as the intended clinical application, mechanical requirements, esthetic demands, biocompatibility, and compatibility with the chosen printing technology.^{16,17,18}

Photopolymer resins represent the most widely used materials in dental 3D printing and are commonly associated with stereolithography (SLA) and digital light processing (DLP) technologies. These materials undergo polymerization when exposed to specific wavelengths of light, allowing the fabrication of highly detailed and accurate structures. Dental resins are frequently utilized for diagnostic models, surgical guides, orthodontic models, provisional restorations, denture bases, and occlusal splints. Their excellent dimensional accuracy and surface quality have contributed significantly to the widespread

adoption of additive manufacturing in dentistry.^{16,17}

Thermoplastic polymers are commonly employed in fused deposition modeling (FDM) systems. Materials such as poly lactic acid (PLA), acrylonitrile butadiene styrene (ABS), and polyetheretherketone (PEEK) have been investigated for various dental and biomedical applications. While thermoplastics generally exhibit lower printing accuracy than resin-based systems, they offer advantages such as affordability, ease of fabrication, and favorable mechanical properties. Consequently, they are often used for educational models, research applications, and selected clinical prototypes.¹⁷

Metallic materials have become increasingly important in implant dentistry and prosthodontics. Technologies such as selective laser melting (SLM) and selective laser sintering (SLS) enable the fabrication of customized metal frameworks, implant components, and prosthetic structures using materials including titanium, cobalt-chromium alloys, and stainless steel. These materials provide excellent mechanical strength, corrosion resistance, and long-term durability, making them suitable for demanding clinical applications.^{16,18}

Ceramic materials are also being explored for additive manufacturing in dentistry because of their superior esthetic properties, biocompatibility, and wear resistance. Zirconia-based and alumina-based ceramics have demonstrated promising potential for the fabrication of crowns, bridges, and other restorative components. Although challenges related to printing complexity and post-processing remain, ongoing technological advancements continue to improve the feasibility of ceramic 3D printing in clinical dentistry.^{17,18}

Recent research has focused on the development of biomaterials and bioactive materials capable of supporting tissue regeneration and personalized healthcare applications. Bio printing technologies utilize specialized bio inks containing cells, growth factors, and biomaterials to fabricate tissue-engineered scaffolds and regenerative

constructs. Although many of these applications remain experimental, they represent a promising direction for the future of regenerative dentistry and craniofacial reconstruction.^{17,18}

The continuous development of novel materials has significantly expanded the capabilities of dental three-dimensional (3D) printing. Improvements in material strength, esthetics, biocompatibility, and printability are expected to further enhance the clinical applications of additive manufacturing across restorative, surgical, orthodontic, and regenerative dental disciplines. As material science continues to evolve, the integration of advanced biomaterials with digital workflows will play a critical role in shaping the future of digital dentistry.^{16,17,18}

Table 3 Materials Used in Dental Three Dimensional Printing. Created by the Authors Based on the Review Literature

Material Type	Examples	Key Properties	Common Dental Applications
Photopolymer Resins	Dental Resins	High accuracy, smooth surface finish, biocompatibility	Surgical guides, diagnostic models, dentures, provisional restorations
Thermoplastics	PLA, ABS, PEEK	Cost-effective, durable, easy fabrication	Educational models, prototypes, research models
Metals	Titanium, Cobalt-Chromium Alloys, Stainless Steel	High strength, corrosion resistance, durability	Implant components, metal frameworks, prostheses
Ceramics	Zirconia, Alumina	Excellent esthetics, wear resistance, biocompatibility	Crowns, bridges, restorative components
Biomaterials/ Bioinks	Cell-laden hydrogels, tissue-engineering scaffolds	Regenerative potential, biological compatibility	Tissue engineering, regenerative dentistry, craniofacial reconstruction

➤ Advantages of Three-Dimensional Printing in Dentistry

The growing adoption of three-dimensional (3D) printing in dentistry can be attributed to the numerous advantages it offers over conventional manufacturing techniques. One of the most significant benefits is the ability to fabricate highly customized, patient-specific devices based on digital data obtained from intraoral scanners, CBCT imaging, and CAD software. This level of customization improves the accuracy, fit, and clinical performance of dental restorations, surgical guides, and orthodontic appliances.^{16,17,18}

Another major advantage of three-dimensional (3D) printing is its ability to produce complex geometries that may be difficult or impossible to achieve using traditional subtractive manufacturing methods. The layer-by-layer fabrication process enables the production of intricate structures with minimal material waste, thereby improving manufacturing efficiency and sustainability.^{16,17}

Three-dimensional (3D) printing also contributes to improved workflow efficiency by reducing laboratory turnaround times and facilitating seamless integration with digital workflows. The combination of digital treatment

planning, CAD/CAM systems, and additive manufacturing allows clinicians to streamline clinical procedures and enhance communication between dental laboratories and healthcare professionals. Furthermore, digital storage of patient records enables easy reproduction and modification of dental appliances when required.^{17,18}

Patient-centered benefits have also been observed with the use of three-dimensional (3D) printing technologies. Improved treatment planning, enhanced visualization, and the production of personalized appliances contribute to increased patient satisfaction and treatment acceptance. Additionally, the technology supports educational and communication purposes by providing accurate anatomical models for case discussions and surgical planning.^{16,18}

Overall, three-dimensional (3D) printing has improved precision, customization, efficiency, and predictability across multiple dental specialties, making it an important component of contemporary digital dentistry.

➤ *Limitations and Challenges of Three-Dimensional Printing in Dentistry*

Despite its numerous advantages, three-dimensional (3D) printing in dentistry continues to face several limitations and challenges. One of the primary barriers to widespread adoption is the high initial cost associated with purchasing printing equipment, software, and compatible materials. The maintenance of these systems and the need for specialized training further increase operational expenses, particularly for smaller dental practices and laboratories.^{16,17}

Material-related limitations remain another important concern. Although significant progress has been made in the development of printable dental materials, some materials continue to exhibit issues related to dimensional stability, mechanical strength, polymerization shrinkage, wear resistance, and long-term clinical durability. In addition, the range of approved materials available for specific dental applications remains limited compared with conventional manufacturing techniques (^{17,18}).

The accuracy of printed objects may also be influenced by multiple variables, including printing technology, layer thickness, build orientation, support structure design, environmental conditions, and post-processing procedures. Inadequate calibration or improper post-processing can compromise the dimensional accuracy and mechanical properties of the final product.¹⁶

Regulatory and ethical considerations represent additional challenges. The increasing use of digital workflows requires the secure storage and transfer of patient data, raising concerns regarding data privacy and cybersecurity. Furthermore, the standardization of manufacturing protocols and quality control procedures remains essential to ensure the safety and reliability of printed dental devices (¹⁸). Although current limitations do not outweigh the benefits of additive manufacturing,

continued technological development and clinical research are required to overcome these challenges and optimize the long-term performance of dental 3D printing systems.

➤ *Future Perspectives of Three-Dimensional (3D) Printing in Dentistry*

The future of three-dimensional printing in dentistry is expected to be shaped by ongoing advancements in material science, digital technologies, artificial intelligence, and regenerative medicine. As printing technologies become faster, more accurate, and increasingly affordable, their integration into routine dental practice is likely to expand significantly.^{16,17,18}

One of the most promising developments is the emergence of bio printing, which involves the fabrication of biological structures using living cells, biomaterials, and growth factors. Researchers are actively investigating the potential of bio printing for periodontal regeneration, bone reconstruction, craniofacial tissue engineering, and the development of patient-specific regenerative therapies. Although these applications remain largely experimental, they represent a major step toward personalized regenerative dentistry.^{16,18}

The integration of artificial intelligence with additive manufacturing is also expected to transform digital workflows. AI-assisted treatment planning, automated design optimization, and intelligent manufacturing systems may improve efficiency, reduce errors, and enhance the predictability of clinical outcomes. Similarly, the combination of intraoral scanning, CBCT imaging, CAD/CAM technology, and three-dimensional (3D)p printing is expected to facilitate fully digital treatment pathways across multiple dental specialties.^{15,16,17,18}

Future developments in printable biomaterials may further expand clinical applications by providing materials with improved mechanical properties, enhanced biocompatibility, antimicrobial activity, and regenerative potential. Such innovations could enable the fabrication of increasingly sophisticated restorations, implant components, and tissue-engineered constructs tailored to individual patient needs.^{17,18}

As digital dentistry continues to evolve, three-dimensional printing is expected to become an increasingly important component of personalized, efficient, and patient-centered oral healthcare. The continued convergence of additive manufacturing, artificial intelligence, advanced biomaterials, and regenerative medicine is likely to redefine the future of dental treatment and clinical practice.

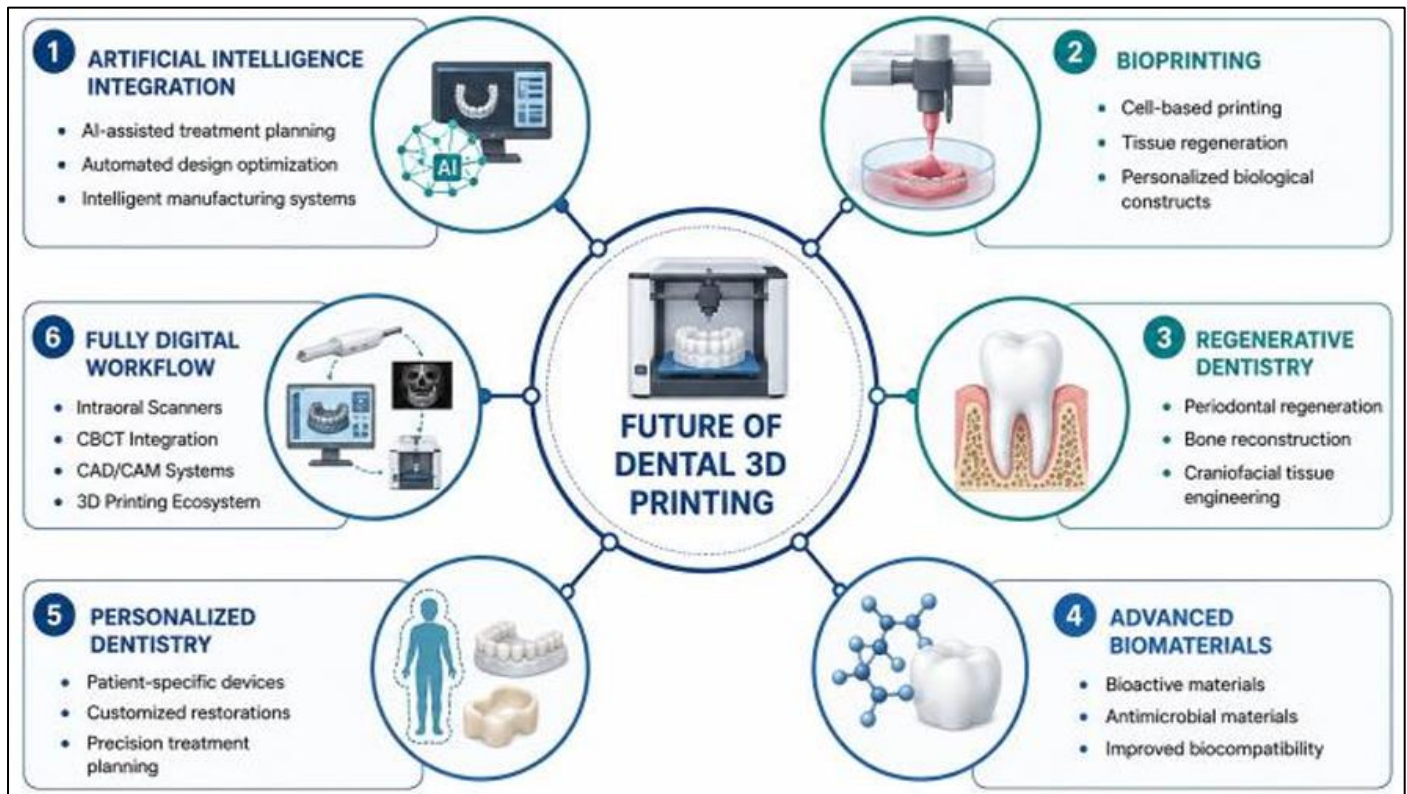


Fig 7 Future Perspectives of Dental Three Dimensional Printing Highlighting the Integration of Artificial Intelligence, Bio Printing, Regenerative Dentistry, Advanced, Biomaterials, Personalized Treatment Planning and Fully Digital Workflows. Created by the Author Based on the Review Literature.^{15,16,17,18}

VI. CHALLENGES AND FUTURE DIRECTIONS OF DIGITAL DENTISTRY

Despite the remarkable advancements achieved through digital technologies, several challenges continue to limit the widespread adoption and implementation of digital dentistry. The integration of intraoral scanners, CAD/CAM systems, artificial intelligence (AI), and three-dimensional (3D) printing requires substantial financial investment in hardware, software, maintenance, and training. The high initial cost of digital equipment remains a significant barrier, particularly for small dental practices and institutions in developing regions.^{2,10}

Another important challenge is the learning curve associated with digital workflows. Successful utilization of digital technologies requires clinicians and dental technicians to acquire new technical competencies, including digital impression acquisition, virtual treatment planning, computer-aided design, and additive manufacturing procedures. Inadequate training may result in operator-dependent errors, inaccurate restorations, and inefficient workflows.^{11,16}

Data management and cybersecurity have also emerged as critical concerns in digital dentistry. The increasing reliance on cloud-based storage systems, digital patient records, and AI-driven software raises issues related to patient privacy, data protection, and regulatory compliance. Healthcare institutions must ensure secure data

transmission and storage while adhering to ethical and legal requirements governing patient information.^{13,15}

Although artificial intelligence has demonstrated promising diagnostic capabilities, concerns remain regarding algorithm transparency, data bias, and clinical validation. AI systems are highly dependent on the quality and diversity of training datasets. Inadequate representation of different populations may lead to biased outcomes and reduced diagnostic accuracy in certain clinical scenarios. Consequently, AI should currently be considered an adjunctive tool rather than a replacement for clinical judgment.^{13,14,15}

Similarly, limitations persist in 3D printing technologies, including material restrictions, post-processing requirements, printing time, and regulatory approval of novel biomaterials. While significant progress has been made in printable dental resins and metal alloys, the development of multifunctional, biocompatible, and long-lasting materials remains an active area of research.^{16,17,18}

➤ Future Directions

The future of digital dentistry is expected to be driven by the convergence of artificial intelligence, advanced biomaterials, robotics, and regenerative medicine. AI-powered diagnostic systems will likely become increasingly integrated into routine clinical practice, assisting clinicians in disease detection, risk assessment, treatment planning, and outcome prediction. Machine learning algorithms may

facilitate fully personalized treatment approaches based on patient-specific anatomical, genetic, and behavioral data.^{13,14,15}

Three-dimensional printing technologies are anticipated to evolve beyond the fabrication of dental models and prostheses toward bioprinting applications capable of producing living tissues and regenerative scaffolds. Advances in stem-cell technology, biomaterials science, and tissue engineering may eventually enable the fabrication of functional dental and periodontal tissues, transforming restorative and reconstructive dentistry.^{4,5,18}

Digital workflows will continue to become more streamlined through improved interoperability among imaging systems, CAD software, AI platforms, and manufacturing technologies. The development of fully integrated chairside systems may further reduce treatment

times while improving precision and patient satisfaction. Additionally, robotic-assisted dental procedures and autonomous manufacturing systems may contribute to greater consistency and efficiency in clinical practice.^{2,10}

Furthermore, the emergence of teledentistry and cloud-based collaborative platforms is expected to expand access to oral healthcare services, particularly in underserved and remote regions. These technologies may facilitate real-time consultations, remote treatment planning, and interdisciplinary collaboration among dental professionals worldwide.¹³

Overall, the continued evolution of digital technologies is expected to transform dentistry into a more precise, efficient, patient-centered, and data-driven discipline, ultimately improving both clinical outcomes and healthcare accessibility.

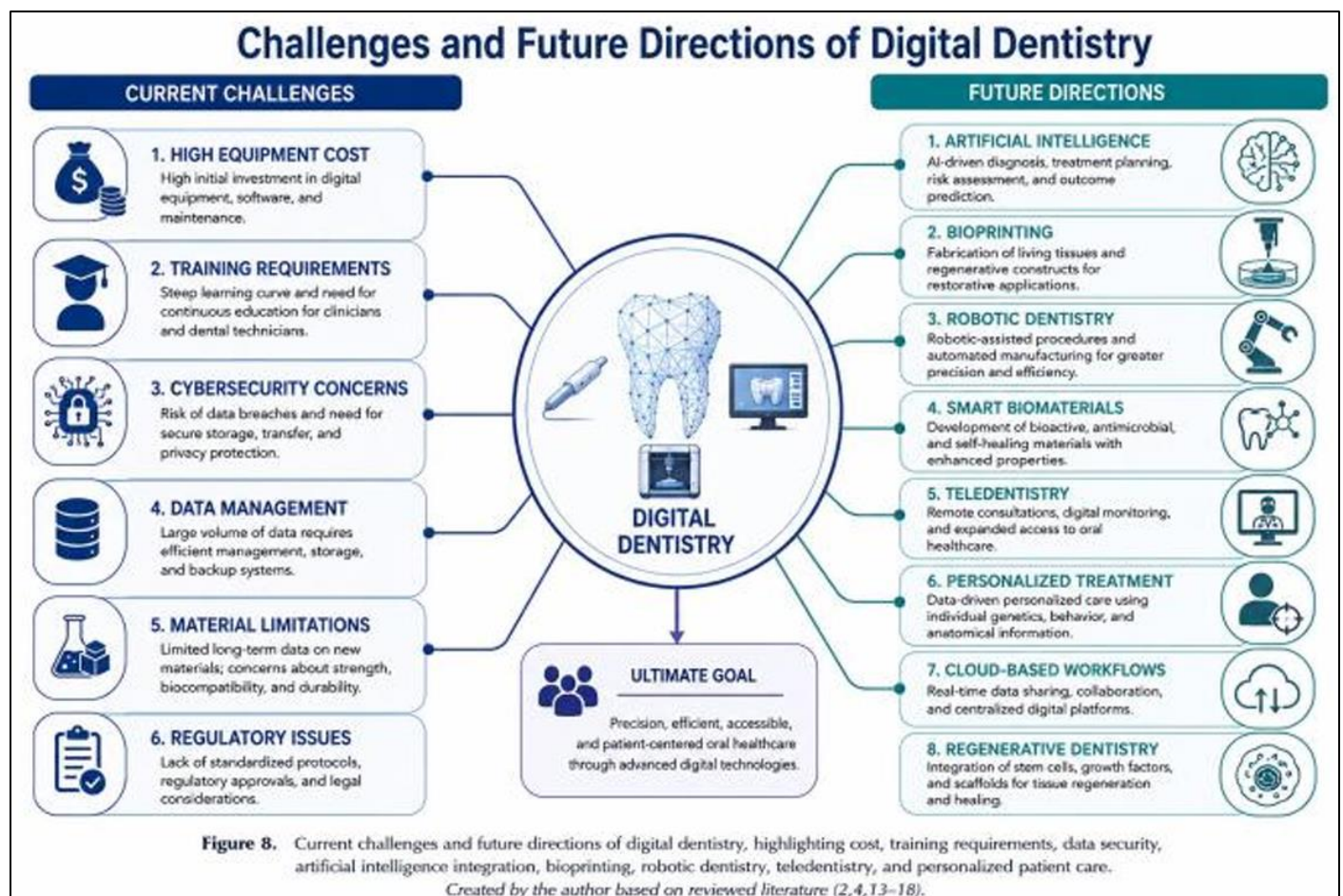


Fig 8 Current Challenges and Future Directions of Digital Dentistry, Highlighting Cost, Training Requirements, Data Security, Artificial Intelligence Integration, Bio Printing, Robotic Dentistry, Tele Dentistry, and Personalized Patient Care. Figure Designed by the Author Based on the Reviewed Literature^{2,4,13,14,15,16,17,18}

VII. CONCLUSION

Digital dentistry has transformed contemporary dental practice by integrating advanced technologies that enhance diagnosis, treatment planning, manufacturing processes, and clinical outcomes. Innovations such as intraoral scanners, CAD/CAM systems, artificial intelligence, and three-

dimensional printing have facilitated the development of comprehensive digital workflows that improve precision, efficiency, reproducibility, and patient experience.

Intraoral scanning has simplified data acquisition and improved communication between clinicians and laboratories, while CAD/CAM systems have enabled highly

accurate and efficient fabrication of dental restorations. Artificial intelligence is emerging as a valuable tool for diagnostic support, treatment planning, workflow optimization, and predictive analytics. Similarly, three-dimensional printing has expanded opportunities for customized patient care through the production of diagnostic models, surgical guides, orthodontic appliances, prostheses, and regenerative scaffolds.

Despite the substantial benefits associated with digital technologies, challenges remain regarding equipment costs, technical training, material limitations, data security, and regulatory compliance. Continued research and technological innovation will be essential to overcome these barriers and ensure wider clinical adoption.

Future developments are expected to focus on greater integration among artificial intelligence, digital imaging, CAD/ CAM systems, and additive manufacturing technologies. Such advancements may further enhance personalized treatment planning, improve clinical outcomes, and contribute to the evolution of precision dentistry. As digital technologies continue to mature, digital dentistry is likely to become the standard of care across multiple dental specialties, fundamentally reshaping the future of oral healthcare.

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