

# Early Locoregional Recurrence After Mastectomy for Triple-Negative Breast Cancer with Ipsilateral Axillary Lymph Node Involvement: A Case Report

Maha Lhaloui<sup>1</sup>; Mustapha Benhessou<sup>2</sup>;  
Simohamed Ennachit<sup>3</sup>; Mohammed Elkerroumi<sup>4</sup>

<sup>1</sup>Contact Author:

<sup>1,2,3,4</sup>Mohammed VI Center for the Treatment of Cancers, Ibn Rochd University Hospital Center Casablanca, Morocco

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**Abstract :** Triple-negative breast cancers are defined by the absence of hormonal receptor expression (estrogen and progesterone) as well as the lack of HER2 overexpression. Their marked tendency toward early relapse, combined with pronounced clinical and biological aggressiveness, confers a high metastatic potential and significant resistance to conventional therapies. This complexity underscores the need for management strategies grounded in a comprehensive understanding of their molecular biology.

**Keywords:** Triple-Negative Breast Cancer, Chemotherapy, EGFR, PARP).

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## I. INTRODUCTION

Triple-negative breast cancers (TNBC) account for approximately 10–15% of all breast cancers but are disproportionately represented among women under 40 years of age, reaching up to 30% of cases [1]. At the localized stage, the risk of early recurrence is high, with a median relapse interval estimated at 13 months. In the metastatic setting, the lungs, liver, and brain are the most frequently affected organs [2]. Overall survival, averaging 14 months, remains markedly inferior to that observed in other histological subgroups, where the median ranges between 43 and 50 months [3]. Morphologically, certain histological variants are associated with a favorable prognosis, such as adenoid cystic carcinoma and low-grade adenosquamous carcinoma, whereas others, including metaplastic carcinoma, display pronounced aggressiveness [4]. Immunohistochemistry further refines the analysis by quantifying Ki67, a mitotic proliferation index. Elevated Ki67 levels are linked to poor prognosis, although they may predict enhanced responsiveness to neoadjuvant chemotherapy. Additional subtypes have been identified, including androgen receptor–positive tumors, epidermal growth factor receptor (EGFR)–expressing tumors, and basal-like profiles characterized by cytokeratins CK5/6, CK14, and CK17. These basal-like phenotypes represent

75–80% of cases and are generally associated with increased aggressiveness [5]. In patients harboring BRCA1 or BRCA2 mutations, carcinogenesis is attributed to defective DNA repair mechanisms resulting from homologous recombination deficiency [6].

## II. PATIENT OBSERVATION

A 33-year-old patient was followed for an invasive breast carcinoma of no special type, graded SBR3, triple-negative, with a proliferation index (Ki-67) of 80%. The tumor was multifocal and multicentric, staged T3N1M0. She underwent neoadjuvant chemotherapy followed by a left Patey mastectomy. After seven months of follow-up, the patient presented with a nodule on the mastectomy scar. Clinical and paraclinical evaluation was performed, leading to re-excision of the tumor bed and exploration of the ipsilateral axillary region.

### ➤ Clinical Examination:

- Left breast: A 2cm nodule was identified along the medial border of the mastectomy scar.
- Right breast: No palpable nodule
- Lymph node areas: 1cm left axillary lymphadenopathy.



Fig 1 Clinical Examination



Fig 2 Mammography of the Right Breast



Fig 3 Breast Ultrasound Findings

Imaging revealed a malignant-appearing lesion measuring  $15 \times 13.7 \times 13.8$  mm, associated with a benign-appearing lymphadenopathy measuring  $15.5 \times 13$  mm.

• *Staging Investigations:*

Demonstrated no evidence of secondary localization.

➤ *Histopathological Examination:*

Histopathological examination confirmed an invasive triple-negative breast carcinoma, grade 3, with clear surgical

margins. Axillary dissection revealed one positive lymph node out of four examined.

### III. DISCUSSION

Triple-negative breast cancers are associated with a poor prognosis. Several risk factors have been identified: hormonal (early menarche, late menopause, hormonal contraception, and hormone replacement therapy), reproductive (late first pregnancy, absence of breastfeeding or breastfeeding for less than six months), and environmental (alcohol consumption, obesity, and exposure to ionizing radiation) [7]. Genetic predispositions account for approximately 5–10% of breast cancers. Mutations in BRCA1/2 confer the highest risks, with breast cancer incidence reaching 72% [8]. The PALB2 gene is associated with an intermediate risk (53%), while RAD51C/D mutations approximately double the risk of breast cancer [9]. Rarer genes such as TP53 (Li-Fraumeni syndrome, breast cancer risk 40–85% by age 70), PTEN (Cowden syndrome, breast cancer risk 77–85% by age 70) [11–13], and CDH1 (lobular breast cancer risk 39–52% by age 75, diffuse gastric cancer  $\approx 25\%$ ) require individualized management. Clinically, French guidelines recommend intensified radiological surveillance from age 30 (annual MRI and mammography), bilateral prophylactic mastectomy reducing risk by more than 90% [9], and bilateral prophylactic salpingo-oophorectomy at age 40 for BRCA1 carriers, deferred to age 45 for BRCA2 carriers. Importantly, BRCA1/2 mutation status does not contraindicate hormonal contraception or menopausal hormone therapy [10]. Data regarding locoregional control remain inconsistent: some studies suggest an increased risk [11–13], whereas others report no significant difference [14–17].

### IV. CONCLUSION

Scientific research demonstrates that the understanding of biological and clinical mechanisms cannot be confined to the isolated analysis of data. It requires an integrated approach that considers prognostic factors, therapeutic strategies, and the impact on patients' quality of life. Any conclusion must therefore move beyond mere statistical observation to embrace a broader reflection: one that emphasizes individualized care, the balance between efficacy and tolerance, and the continuous adaptation of medical practice to advances in knowledge.

➤ *Ethics Committee Authorization:*

Our institution does not find any conflict of ethics committee.

➤ *Author Contribution :*

- Maha LHALOUI: paper writing and picture editing.
- Mustapha BENHESSOU, Simohamed ENNACHIT, Mohammed ELKERROUMI: Bibliography, written direction.

➤ *Guarantor*

Maha Lhaloui.

➤ *Research Registration Number*  
No applicable data.

➤ *Conflicts of Interest Statement:*  
No conflict of interest have been announced by the authors for to this research.

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