

Free Intercourse Factors for Early Childhood Marriage

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Abstract:- Early marriage is the social problems that occur in teenagers. In America there are, 12% of teens who commit early marriage, while in Sudan and Uganda as countries develop, the number of marriage dininya 69.3% and ranged from 46%. Many of the impacts occurring from early marriage as social impact, health and psychological. Early marriage can occur due to several factors, one of which is free association. The purpose of this research is to analyze the relationship of those factors against the psychological impact of early marriage on teenagers in Pasaman Barat the year 2018. This type of research is descriptive analytic with cross sectional approach uses. The sample in this research totalled 204 adolescents in Pasaman Barat. Data collection tools used are questionnaire and analysis of the data with the chi-square. The results of this research are obtained that the most dominant factors related to early marriage in Pasaman Barat year 2018 is free association. Expected with this research can be a reference for developing nursing care against the adolescent about early marriage.

Keywords:- *Early Marriage, Psychological Impact, Teens.*

I. INTRODUCTION

Early marriage cases is nothing new in Indonesia. Early marriage is a social problem that occurs in adolescence, most victims of early marriage is teenage girls. In general case pernikahan early age much happening in rural than urban areas, and often occurred in a poor family, educated and low-dropout from school (Arivia et al., 2016). Start 1990s according to the united nations children fund (UNICEF) Genesis early childhood marriage began to shift to urban areas, it is characterized by an increase in cases of marriage an early age from 2% in 2015 be 37% in 2016 (Arivia et al., 2016). So does that mean the cases of early marriage can happen anywhere and anytime, for that the elderly and the environment should help children get married at the right age.

The knowledge older people about the age of marriage was instrumental in severing the chain marriage cases early, and parents need to understand when is the age to marry. According to the Act of marriage of the year 1974 article 6 and 7 are still in use to date now set the age of marriage for men 19 years and females 16 years, but in the year 2014 the residency National Family Planning Agency (BKKBN) set a

minimum age of 21 years marriage in women and 25 years of age in males. A lack of understanding about the age that parents deserve to marry cause early marriage cases occur not only in Indonesia but several studies reported the case also occurred in other countries.

Figures for the incidence of early marriage prevalent in developing countries than developed countries. American country reported there, 12% of teens who commit early marriage, while in Sudan and Uganda as countries develop, the number of marriage early 69.3% and ranged from 46% (Aziem, Bilakhshan, Schlehd & Legitimate, 2014; Singh & Vennam, 2016). In Indonesia the figure close to early Marriage among adolescent 45.38% (BKKBN,2015) and this number is the number two the highest in ASEAN countries after the country Komboja (UNICEF,2014). Whereas in Indonesia from data Riskesdas (2013) there are woman who marry under the age of 15 years as much as 2.6% 23.9% later married at the age of 15-19 years. The prevalence of occurrence of early marriage to high-impact widespread not just be bad in teenagers but also impacted badly on the country, which is detrimental to the nation.

Many of the losses caused by early marriage, according to Mufdillah and Afriani (2015), early marriage resulted in a negative impact in terms of social, health and psychological. Social impact such as: relationships with the family, the community and neighbours less harmonious. Health effects such as giving birth to children with low birth weight, bleeding even the risk of death. In addition, according to Montazeri (2016) wedding early childhood psychological affects like depression, anxiety, other mood disorders, teen women can experience physical and sexual violence within marriage, pregnancy, depression, unstable emotions in carrying out its role of mother, and stressor that comes in life preclude so potentially disrupted lives. According to UNICEF (2014) mental disorders caused due to early marriage in the form of depression, anxiety, dissociative disorder (multiple personalities), and psychological trauma. The impact of early marriage that the complex will make the younger generation of Indonesia low quality hence the need identified factors that make teenagers do early marriage, early marriage cases so that it can be prevented.

The task of the development of the people who entered the stage of mature or socio emotional during early adulthood, such as those raised by Santrock (2011) was incorporated into the family through marriage. While the time to perform the wedding when adulthood beginning i.e. 20-40 years (Papalia, 2009) or at the age of 18-40 years (Hurlock, 2007). In other words, adulthood is the right time

to make a marriage and build a family, this is in line with the opinion of Harvingust who stated that the development tasks become characteristic adults early is the start vote spouse's life and work. While the task of the development of adolescents is: reach new relationship better with peers, achieving social roles men or women. While a wedding or build a household task is the development of adulthood Hurlock (2007). make a wedding also demanded for the readiness of the psychological development of each spouse.

Basically in view of psychology, the age of adolescence is the beginning of a phase of social development. Social development of adolescents sometimes even more worried about his social life outside of the social bond on in the family. Social development of teenagers in this phase is the point behind the limelight. The social environment as a major concern. At the age of adolescent socialization and social interaction with peers grew vast and complex compared to the previous period included intercourse with the opposite sex (Afria, 2012). Based on these conditions, according to Erikson (in Desmita, 2005) one of the tasks of development during adolescence is a complete identity crisis, so expect formed a stable self identity in late adolescence.

A person's psychological maturity develops in accordance with the stage of the growing swell Agustiani (2006), the development of the age teenagers tend to attempt to follow or adapt to the development of the surrounding culture in terms of they're getting and decide something, it This is in line with what has been written Sarwono (2015) in his book, entitled the psychology of Teenage Anxiety about Socialized by Alisonz that any teenager would always feel anxious is unacceptable by the environment when he could not adjust or follow the culture surrounding environment. Teens before adjusting to their surroundings, will first attempt to be accepted by a group of *bermainya* Ali (2016). Teenagers also tend to do the behavior of *maladaptif* which led to the decision to do an early age marriage.

Response *maladaptif* teen that may harm they do early childhood marriage is sexual activity that does not fit and pregnancy are not in want. According to Stuart (2016). The behavior of sexual activity can be the cause of the onset of various problems such as teen pregnancy: early age that many resulted in the taking choice to perform the wedding at an early age. Pregnancy in teens is a very complex issue. Some teenagers saw pregnancy as a way to force old juxtaposed in order to approve a marriage that may not be appropriate for the age of teenagers do. Many things are done the various parties including nurses for pressing numbers Genesis an early age.

The role of the nurse as well as for teenagers and children who will make early marriage by means of prevention and treatment. Stuart (2016) States the role of the nurse is to provide good care to clients, families and the community, in the form of *promot if*, preventive, curative and rehabilitative. *Promot if* and preventive will be seen in the form of counselling and early detection. Curative and

rehabilitative way nurses to provide nursing care or therapy that suits your needs.

The form of preventive and *promot if* committed nurses as health workers is to give health education. According to the Nurses and Anwar (2015) with a grant of *psikoe*ducation to teens can lose *intensi* wedding early. *Psikoe*ducation in General can educate and help adolescents develop the sources of support and social support in the face of challenges and develop skills to meet the challenges the coping.

Still high number of early marriages among children and adolescents in some areas in West Sumatra, the Government convened and hosted the program Generation Planning (GENRE) are teenagers and young men who have the knowledge, attitude and behave as a teen, to prepare and have a mature planning in the life of a family, establish a secondary-level education, a career in jobs, and married to the full planning cycle appropriate reproductive health. Can be inferred by the presence of particular government programs of this GENRE in West Sumatra can press numbers teenage problem, one of which is marriage at an early age.

West Sumatra based on survey data of national socio-economic/SUSENAS (2015) early marriage figures ranging from 44.69%, West Pasaman Regency is the highest with the case after it was overtaken by South Solok Regency and district Sijunjung. So the prevalence of marriage age elderly of West Sumatra is almost equal to the national average. Variations of Western *disumatera* early marriage ranged between aged 16 years < 20 years with the prevalence varied between city.

Variations in the age of early marriage is categorized into several age groups first marriage. According to data of the profile genre of West Sumatra (2015) the incidence of early marriage, at the age of 16 years < 4.40% 17-18 years age, 10.02%, while at the age of 19-20 years 30.27%. There are 19 cities and counties are there in West Sumatra which numbers Genesis early childhood marriage is highest Pasaman Barat.

Background investigation and phenomena above, researchers interested in conducting research on factors association with early marriage in Pasaman Barat.

II. METHOD

➤ *Research Design*

This type of research is descriptive analytic with cross sectional approach using in Pasaman Barat. This research uses a questionnaire filled in by the respondent.

➤ *Sample Research*

The sample of this research are young women under 19 years of age in Pasaman Barat with a total of 204 people.

➤ *Research Ethics*

This research was done before the examination of ethics at the Faculty of medicine, University of Padang's

Andalas on 21 June 2018 and qualify conduct manifested with 370/KEP/FK/2018.

III. RESULT

Category		f	%
Early Marriage	< 16 years old	75	36,8
	≥16-18 years old	128	63,2
Free Association	Do	138	67,6
	Do not	66	32,4

Table 1:- Frequency distribution table wedding Early in the year 2018 West Pasaman

The table above is the frequency distribution table wedding early in Pasaman Barat in 2018. Based on the above table it can be seen that the frequency of early marriage at age 16-18 years was 63.2% and under 16

years of age is 36.8%. The respondents of this study do free association 67.6% and not doing free association is 32.4%.

IV. DISCUSSION

Based on the results of research that has been done in the year 2018 West Pasaman Barat obtained that majority of respondents married of age 16-18 of the year. In the world, early marriage age also lies in the range of 16-18 years. Because the age is the age that they are productive and are also influenced by a growing stigma of people about the age of early marriage (legitimate, et. all, 2014).

This is in line with the research conducted by the de Haas, et al (2017) where teens consider dating a public place kissing is part of active and embarrassing sexual activities. Besides sexual behavior before marriage is believed to wreak havoc for families. This encourages them to deserted places and dark dating to kissing and other sexual activities in order not to be known by the family, especially the elderly.

Early marriage age in other countries such as Nigeria ranged age of teenagers still in school that is 18 years of age and under. As many as 60% of them were married, the age 00l (Agege, et all, 2018). In Indonesia, Sulawesi province the highest age for marriage at an early age is 10-19 years IE as much as 46.7% (Adam et all, 2013).

For them while dating do kiss with spouse is normally done because it was a way of demonstrating their affections. Holding hands and cuddling is also the usual things they've done, never even refused when girlfriend fingering or even hold her body. Research conducted by Richter & Mlambo (2015) obtained that all participant women who researched says agree that to show a sense of love and compassion to the couple is to do activities that smacked of sexual even to sex because they believe that an irregular sexual activity and in the standing position would not cause pregnancy. Some participants believed that a woman pregnant, it will bind to a mate.

Meanwhile, the respondents in this study obtained that marry early because of the habit of doing free association. Free association is a phenomenon among teens is on the rise in the middle of the community. According to Stark & Jouhki (2017) obtained that parents choose marry their daughters at an early age under 20 years. This is done by the rise of free intercourse among teenagers.

Not only of women, adolescent males can also affect her partner in a sexual matter. Other studies conducted by Alka & Mayuri (2013) said that most couples teens especially male respondents said that sexual activity such as kissing, cuddling, and sexual activity is a very important thing in the strained relations. In addition to that of male respondents said the main reason sexual activity before marriage is a recent marriage. It became one of the triggers for the onset of marriage at an early age due to the disconnection of the free.

Free association can led to sexual behavior which led to pregnancy outside marriage, so the wedding was to be held at an early age. It is supported by Mourtada et al. (2017) says factor married a young age in a society largely originated from the free association of youth. Based on this it can be concluded that the Association was free to affect marriage age early. Based on the analysis of the questionnaire can be known bahwa teen in West Pasaman Barat do free association, for example, the style of related or dating with the opposite sex.

The activity of the Association is free free sex behavior of gate (Darden et al., 2018). According to Stark & Jouhki (2017) obtained that parents choose marry their daughters at an early age under 20 years with reasons to protect their daughters from the rise of free intercourse among adolescents, especially sexual activity outside of marriage at risk against pregnancy. The same was obtained from the research of Adamu, et al (2017) where the trigger factors of occurrence of early marriage is a risky free association to fall to unwanted pregnancy.

Unwanted pregnancy a result of free association has an impact on teens. Adolescent women who become pregnant

perceived physiological health issue is interrupted due to the pregnancy at an early age (Lal, 2015) and related infectious diseases of sexual relations (Elmes et al., 2017).

V. CONCLUSION

Based on the results of the research, it can be concluded that the factor of free association became one of the factors of early marriage a teen driver in Pasaman Barat. This may be a consideration for the nurse's soul in the community to pay more attention to the issue of early marriage. It is hoped the nurse can address this with early marriage. A good implementation to deal with the problem of early marriage. The fix can be done by providing education to parents who have daughters ages 16-18 years on the impact and risk of early marriage.

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while still sit dibangku schools will undergo the process of marriage at an early age and will be expelled from school (Mahato, 2016b). In addition to the social impact, an impact

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